



Mystic Valley Elder Services

BOARD OF DIRECTORS

2015-2016

Chelsea

Allan I. Alpert
Tracy Nowicki

Everett

Christine F. Falzarano
Carolyn E. Lightburn
Dorothy Martin-Long
Jon E. Norton

Malden

Silvia Banos
Jeanne L. Benoit
Joseph F. Lawless
Cindy Chu Young Porter
Joanne Puopolo
Virginia Ruane

Medford

Janice Donatelli
William B. Keefe
Pamela L. Kelly
Neil Osborne
Karen Rose
Dorothy Elizabeth Tucker
Judith A. Whatley

Melrose

George Ahlin
Carl Richard Mockler
James Oosterman
Mary M. Sexton

North Reading

Michele A. Mawn
Mary S. Prenney
Joseph Veno

Reading

Jane P. Burns
William J. Hecht, Sr.
Brian Snell

Revere

Salvatore DeLuca
Lucille Ferragamo
Evelyn Morris
Randy M. Shuman
Carol A. Tye

Stoneham

Maureen Canova
Generoso J. Ferullo
Janice T. Houghton

Wakefield

Kathleen M. Beaulieu
Ann J. Doherty

Winthrop

Kathryn L. Dixon
Ellen Howe
Carol L. Mahoney
Charles Randall

Board Officers

Judith A. Whatley,
President
Mary S. Prenney,
Vice President
Generoso J. Ferullo,
Clerk
Kathleen M. Beaulieu,
Treasurer

ADVISORY COUNCIL

Elizabeth A. Hart,
Chairperson
Alfred Donatelli
Mary Edwards

Michael E. Festa
Mei Hung
Sylena Keeping
Gloria Mastro

Ida Reppucci
Karen Rose,
Board Liaison

DEAR FRIENDS & NEIGHBORS,

We're delighted to update you on the work we've done in your neighborhoods, your homes, and our shared community over the past year. As the Mystic Valley region grows (and as our services expand, as they did this year to encompass Chelsea, Revere, and Winthrop), so grows our commitment to local action and deep impact.

The work that we do on your block, while on the phone with your parent or neighbor, or sitting in your living room is local in the truest sense: we meet our community members where they — *you* — are. We provide critical aid, essential partnership, and community resources to individual members of our collective home. And our actions do, indeed, make a world of difference. Whether it's an older adult getting to her important doctor's appointment, an adult living with a disability finding and directing the care he wants in his own home, or a family sleeping well at night knowing their loved one has the necessary supports to live at home, comfortably, safely, and in community with his or her neighbors...the work you support makes positive ripples throughout families, neighborhoods, and the entire Mystic Valley region.

We say it a lot, and we mean it even more:

because of you, **MYSTIC VALLEY MEANS HOME.**

Sincerely,

Daniel J. O'Leary and Judy Whatley
Executive Director and President of the Board of Directors

WHAT YOU DO

NEVER FEELING ALONE

What's more local than your own kitchen table? Mystic Valley's **HOME CARE** program places qualified, compassionate home care workers in the homes of nearly 6,000 older adults and adults living with disabilities. Home care workers partner with community members to tackle the needs of everyday living, such as laundry, meal preparation, personal care, and cleaning. With support from home care workers, community members have the pleasure of company and companionship for a few hours a week or more, are less likely to fall or injure themselves, and have their fundamental needs met. A helping hand at home can free older adults to save their energy and excitement for engaging with the world outside: visiting friends, trips to the library, and birthday lunches with family.

HOME CARE





At your neighbor's door every day around eleven, or in your local senior center's dining hall, Mystic Valley Elder Services serves up nutrient-rich meals designed around health, wellbeing, and enjoyment. Drivers for our **MEALS ON WHEELS** program ring over 2,000 doorbells a day, delivering a balanced lunch to community members who might otherwise forgo a meal. And our twenty-two **LUNCH SITES** dish up flavor, companionship, and a daily opportunity to engage in community.

**HOT MEALS &
WARM SMILES**

NUTRITION



RESOURCES

EXPERTS IN YOUR CORNER

Mystic Valley's programming revolves around our ability to provide 15,000 community members with informed, **UNBIASED COUNSELING** on their options — whether they are seeking information on home care, Medicare prescription plans, or transportation, or exploring long-term nursing care facilities. Our experts listen carefully to the details of each person's individual situation and provide personally tailored advice and information. Over the phone, at the senior center in your town, and in your neighbor's living room, our experts prove again and again why Mystic Valley has gained such a reputation for knowledge and integrity.

ASSETS

Cash	\$5,817,707
Accounts Receivable	\$11,480,773
Fixed Assets	\$221,257
Other Assets	\$361,997
Total Assets	\$17,881,734

LIABILITIES & Net Assets

Current Liabilities	\$8,230,139
Unrestricted Net Assets	\$4,265,523
Permanently Restricted Assets	\$5,386,072
Total Liabilities and Net Assets	\$17,881,734

Below is the Final Statement of Assets and Liabilities of Chelsea Revere Winthrop Elder Services on the final day of business prior to acquisition by Mystic Valley Elder Services (September 30, 2015). These numbers are also reflected in the agency figures above.

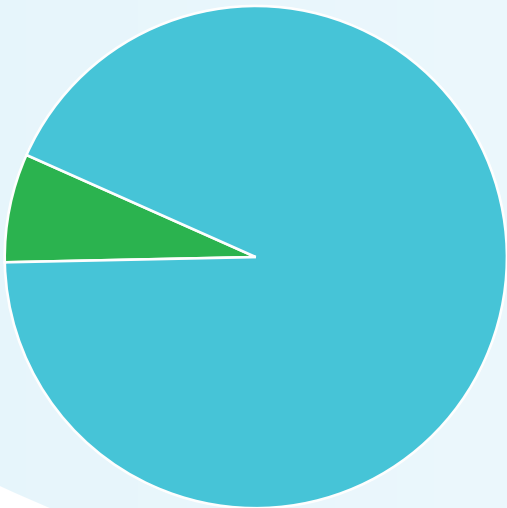
ASSETS

Cash	\$632,080
Accounts Receivable	\$1,525,022
Fixed Assets	\$0
Other Assets	\$74,561
Total Assets	\$2,231,663

LIABILITIES & Net Assets

Current Liabilities	\$1,441,588
Unrestricted Net Assets	\$790,075
Permanently Restricted Assets	\$0
Total Liabilities and Net Assets	\$2,231,663

How we use our funds:
93% goes to direct services
7% goes to administration



REVENUE

July 1, 2015 to June 30, 2016

	Program Services	Administration & Management	Fundraising	TOTALS
Federal & state funding	\$49,005,072	\$0	\$0	\$49,005,072
Contributions from program participants	\$1,070,366	\$0	\$0	\$1,070,366
Donor contributions and grants	\$545,187	\$20,750	\$1,814,132	\$2,380,069
Other income	\$5,871,642	\$21,079	\$0	\$5,892,721
Investment income	\$0	\$4,149	\$85,500	\$89,649
	Total revenue: \$56,492,267	Total revenue: \$45,978	Total revenue: \$1,899,632	Total revenue: \$58,437,877

EXPENSES

July 1, 2015 to June 30, 2016

	Program Services	Administration & Management	Fundraising	TOTALS
Client services expenditures	\$41,134,699	\$0	\$0	\$41,134,699
Employee compensation	\$11,447,304	\$1,752,110	\$87,440	\$13,286,854
Other costs	\$1,431,097	\$792,372	\$60,939	\$2,284,408
	Total expenses: \$54,013,100	Total expenses: \$2,544,482	Total expenses: \$148,379	Total expenses: \$56,705,961
				Surplus: \$1,731,916



AN ALLY IN TIMES OF CHANGE

In the coming year, Mystic Valley will expand some of our most innovative programs, including the assistance we offer to community members returning home from stays in the hospital and nursing facilities. Specially trained **TRANSITION FACILITATORS** partner with community members to ensure that the home they return to is safe and meets their needs; that they have made follow-up medical appointments and have transportation lined up; and that there is food in the refrigerator. We know that returning home can bring both anxiety and joy, so we're here to keep communication flowing between medical providers and patients, and to help our neighbors get settled and secure.

COMING HOME

Hundreds of older adults in our community need mental and emotional health support but are unable to make traditional counseling or psychiatric appointments for reasons of illness or transportation limitations. This year, we usher in a brand new way to connect with seniors in their homes, providing the care and support they need through **PERSONAL TECHNOLOGY**. Our compassionate and skilled staff will work one on one with community members to train them on using tablet computers and straightforward, two-way video calling software. The result is a connected, engaged, and healthier senior population that can access face-to-face, private mental health counseling while in the safety and sanctity of their own homes.

**GROUNDBREAKING
MENTAL HEALTH
SUPPORTS**

**SEEKING
PEACE**

ABC Home
 Healthcare Professionals
 The Adelaide Breed
 Bayrd Foundation
 Agero, Inc.
 Anonymous (2)
 BJ's Charitable Foundation
 BNY Mellon/
 Herbert H. Fletcher Trust
 Bushrod H. Campbell
 & Adah F. Hall Charity Fund
 Charles F. Bacon Trust,
 Bank of America, N.A., Trustee
 Charles H. Farnsworth Trust,
 Bank of America, N.A., Trustee

STEWARDS

*gifts of \$5,000
and over*

Eagle Bank
 Eastern Bank
 Charitable Foundation
 The Ella Fitzgerald
 Charitable Foundation
 Everett Foundation
 for Aged Persons, Inc.
 Everett Small Cities Grant

The Howard C. Connor
 Charitable Foundation
 Intercity Home Care
 Katharine C. Pierce Trust,
 Bank of America, N.A., Co-Trustee
 Malden Redevelopment Authority
 Malden Trans.
 Martin C. Stanger Trust
 Massachusetts Bankers Association
 Charitable Foundation Inc.
 Massachusetts Department
 of Transportation
 Medford Community Development
 Block Grant
 Melrose Cooperative Bank
 Charitable Foundation
 OneWorld Boston,
 a Cummings Foundation Affiliate
 John & Wendy Pereira
 The Piccolo Family
 Charitable Foundation, Inc.
 Preotle, Lane & Associates Ltd.
 The Preston S. Johnson Revocable Trust
 Reading Cooperative Bank
 Charitable Foundation
 Francis Ruane & Lucy Grant Ruane/
 Quarters Hardware, Inc.
 StonehamBank
 Supportive Care, Inc.

All Care Resources, Inc.
 Anodyne Homemaker Services Corp
 Anonymous (2)
 Anthony's of Malden
 Associated Home Care
 Jeanne Benoit
 Best Home Care N' More, Inc.
 Brookline Bank
 Butlers & Bars
 Casner & Edwards, LLP
 Claire and Bernard Schecter
 Memorial Fund
 Comcast, Dispatch Team of Malden
 Commonwealth Care Alliance
 Distrigas of Massachusetts LLC
 Andrew & Mary Dolben
 Everett Co-operative Bank
 Exelon Power Corporation
 Give with Liberty/Liberty Mutual
 Bill & Olive Hecht, Sr.
 The John Donnelly Trust
 Kathy Kratz
 Lindley Food Service Corporation
 Malden Cultural Council
 Anne Mark
 Market Basket
 Marriott International Sales Office
 of the North East
 Alexander & Rosemary Melanson
 Metropolitan Home Health
 Services, Inc.
 Midtown Home Health Services, Inc.
 Morgan, Brown & Joy, LLP
 Multicultural Home Care, Inc.
 Northern Bank & Trust Company
 People's United Bank

Professional Profiles, Inc.
 Ralph & Arlene Reinherz
 Rockland Trust
 Karen Rose
 The Savings Bank
 Sterling Printing
 Sweetser Lecture Series Committee
 Vincent Tagliamonte
 The Thursday Fortnightly Club
 TLC at Home
 TSB Charitable Foundation, Inc.
 Whole Foods Melrose
 Winchester Savings Bank
 Zonta Club of Malden

PARTNERS

*gifts of \$1,000
to \$4,999*



William & Christine Accomando
Helen Adelman
Ilena Agostino
George & Ann Ahlin
Mary Alcott
Robert Algiers
Allen’s Perfumers
Lillian Allsopp
Allan & Laraine Alpert
Ronald Amirault
Anonymous (8)
Sotirios Antonakos
The Arbors at Stoneham

FRIENDS
gifts of \$100 to \$999

Armstrong Ambulance
Bank of America Matching Gifts
Dawn & Charles Basner
BAYADA Home Health Care
Kathleen Beaulieu & Paul Browne
Gail Berg
Jan Berry
Blue Man Group Boston
Bob’s Discount Furniture
Charitable Foundation
Boston Bruins/TD Garden
Boston Gay Men’s Chorus
Ann Marie Bourque
Beverly Ann Brescia
Bring Care Home
Ed Brown
Buckley Brothers, Inc.
Building Supplies Outlet, Inc.
Nelson Burbank
Jane Burns
Gill Cable-Murphy

Stephen & Maureen Canova
Capital Crossing
Robert & Judyth Casey
Robert & Roberta Castiglia
Maria Cataldo
Joseph Cataldo
Cataldo Ambulance Service, Inc
Catering to You
Century Bank
Charm Medical Supply
Kenneth Cheung
Brian & Eve Chiango
Diane Chuha
Frances Ciavarro
Nicholas Ciccone Jr.
Elise M. Ciregna
Congresswoman Katherine M. Clark
Clean N’ Brite Laundromat
Michael & Kathleen Cocorochio
John Coddington
Comcast
Commonwealth of Massachusetts
Employees Charitable Campaign
The Community Family
Comprehensive EAP
Len & Connie Corey
Eleanor Cotter
Jack & Sally Crist
Curley Law Firm LLP
Dorothea Curtin
Daigle & Associates LLP
Russell Davis
William & Myrna Deane
Richard DeAngelis
Robert & Marjorie Dearth
Gail DeBenedictis & Joanne Carley
Speaker of the House Robert A. DeLeo
Susan Delli Colli
Dello Russo Family Funeral Homes
Thomas & Frances DeLucia
Michael DeMarco

Gael Desmond
Senator Salvatore & Tricia DiDomenico
Diana DiGiorgi
Joseph DiMattia
Dorothy A. Dingée
Charles DiStefano
Dockside Restaurant & Bar
David & Eileen Doherty
John & Jean Doherty
Richard & Ann Doherty
Representative Paul J. Donato
Richard & Nancy Donovan
Lorraine Donovan
Paul L. Downey
Sheila Driscoll
Eastern Express Car Wash
Mary M. Edwards
Excelsior Realty Group
Sandra Fall
Thomas & Joan Feeley
Joan Feeney
Lucille Ferragamo
Philip & Sharon Ferraguto
Family of Jeanne Ferrara
Generoso & Ida Ferullo
Michael & Sandy Festa
Edward & Anne Fields
Florence O’Brien Foley
Larry Foster
Annamaria Georgopoulos
Paul M. Giannelli
Donald Gill
Frank & Deborah Giso
Philip & Louise Good
John & Moyra Govoni
Greater Lynn Senior Services, Inc.
Greater Medford Visiting
Nurse Association
Steve & Karen Greenfield
Mary E. Guarino
Lisa Gurgone

Scott & Kristen Gygi
Kathleen Habeeb
Karen A. Hampton
Sarah Harder
Harvard Pilgrim Health Care Foundation
David Haynes & Rachelle Magill
William Healey
Helping Hands of America
Joseph Henry
George Hickey
Robert J. Hickey
Gerald R. Higgins
Hillview Country Club
Edward & Laura Hodgkin
Laurence & Jeanne Hodson
Hoff’s Bakery
Joan Hogan
Home Instead Senior Care
Janice Houghton
How’s Work, Inc.
Catherine Hsu
Robert Iacopucci
Paul & Cynthia Iannacci
The Irish American Club
Sandra J. Iversen
J & Z Carpet Service
William Jackson
Lisa Jacobson
Ben & Becky Jacques
Janice Nigro/Nigro, Pettepit & Lucas, LLP
David & Joyce Jeong
Johnny & Lisa Jimenez
Florence W. Joy
Madeline Kalotkin
Bill Keefe & Joe Jones
Daniel J. Keefe
Pamela Kelly
Katherine Keough
Majid Khan
Kitty’s Restaurant
Philip Kluge

Elizabeth Knight
Al & Shirley Kountze
Stanley Kramer
Ruth Kreisman
Paul & Suzanne Lanzikos
Carl Lanzilli
John & Mary Ann Lape
Law Office of Brian C. Snell,
Attorney Brian C. Snell
and Mrs. Linda Snell
The Law Office of Jennifer Spavins Holme
Law Office of Kimberly Kelly
Law Offices of Spano & Dawicki
Joseph & Frances Lawless
Joe LeFave
Senator Jason Lewis
Jim & Carolyn Lightburn
Patricia Lovaas
LPL Financial
Maria Luise
Barbara E. Lynch
Frances MacCollum
Dorothy MacKay
Kenneth & Amy MacNulty
Louis Maglione
Main Street Family Practice
Malden Housing Authority
Pamela Manahan
Margaret Winthrop Rebekah Lodge #153
Brenda Markiewicz
Marsh & McLennan Agency
Dorothy Martin-Long
Paul Martins
Marty's Furniture
Gloria Mastro
Peter & Michele Mawn
Doreen May
Bob McCarthy & Edith & Karen Smolens
Mike & Cynthia McCracken
Jerome & Kathleen McCullough

McGladrey Boston Foundation
Thomas McKie
Paul & Lucy McKinley
Meals on Wheels America
Medford Arts Council
Medford High School
Melrose Cultural Council
Melrose Glass Company, Inc.
Melrose Symphony Orchestra
Melrose/Wakefield Florist and Gift Shop
Members Plus Credit Union
Gregory & Nancy Messina
Miter Biter Frame Company
Rick Mockler
Frank & Lucia Moda
Joseph & Patricia Molloy
David Mouradian
Howard & Susan Mui
Susan Mulry
Patricia Murphy
Mystic Valley Elder Services Supportive
Housing Team
William J. Myers
Kenneth & Joelle Nason
Natale Company & SafetyCare
Anthony Nazzaro
Kenneth & Susan Neal
New England Patriots
Charitable Foundation
Ann Nguyen
North Reading Cultural Council
North Shore Elder Services, Inc.
Jon E. Norton
Claire O'Brien
Richard & Irene O'Donnell
Daniel & Cynthia O'Leary
Kevin & Maureen Oliver
Joseph & Marilyn Oliveri
James & Lisa Oosterman
Joseph & Clare Pappagallo
Chris Paris

Peter Delli Colli DMD
Elizabeth A. Petrou
Mary Ann Picariello
Theresa Pinette
Gena Plagenza
Lawrence & Kathleen Poirier
Vida Poole
Cameron & Cindy Porter
Joseph & Helen Porter
George Power
Brad & Mary Prenney
Ellen Price
Jean Pulsifer
Joanne Puopolo & Mark Lochiatto
Mary Puopolo
Joe Quirk & Paul Boujoulian
Charles Randall
Richard & Janice Raymond
The Red Sox Foundation
John Reilly
Gloria M. Reough
Gerri Reppucci
Glenn & Deborah Richardson
Right at Home
Mary Rizzo
Roberto Brothers Landscaping, Inc.
Robinson Funeral Home, Inc.
Alfred Rocci
Ronald J. Robinson Estate
Stephen Roper
Thomas & Gayle Rosato
Rotary Club of Chelsea
Royal Arch Chapter of the Tabernacle
Virginia Ruane
Jack & Peg Russell
Salvatore Sachetta
Sal & Marie Salamone
Walter & Carole Santo
Barbara Sartanowicz
Bob & Barbara Sasso
Saugus Everett Lodge # 642 B.P.O.E Inc.

Frank & Mary Lee Scharaffa
Mary M. Sexton
Scott & Diane Simmons
William & Joyce Simms
John Sirignano
Mary Ann Smeglin
Ted & Nancy Smethurst
Gerald & Rose Solimini
Somerville-Cambridge Elder Services
Rhonda Sorice-Chouiakh
Frances Stanuchenski Cheney
Dinah Starr
Stoneham Motor Company, Inc.
Stoneham Savings Bank-Salem Five
Charitable Foundation
Stop & Shop Supermarket Company
Denis Sugrue
Dennis & Barbara Sullivan
Sullivan & Clark Attorneys at Law
Sun Life Financial
Lisa Swift
Talbot Associates
Frank & Ellen Tamilio
Tuan & Binh Tan
Joseph & Carol Terilli
TF Ward Insurance
TG Gallagher, Inc./Mechanical Contractors
The Staff at the Connolly Center
James & Mary Timmons
TJX Foundation
Dora Todaro
Robert Tremblay
Robert & Janice Tribble
Lindsay Trigilio
Kathleen Trotta & David Sidebottom
Joseph & Winnie Lai-Seung Tsoi
Dorothy Elizabeth & Kettly Tucker
Tufts University Community Relations

FRIENDS

Tufts University, Advancement Division
Yet Tung
Tyco Inc. Charity Trust Account
Carol Tye
United Healthcare Community Plan
William & Judith Upham
Elaine Van Nostrand
Jennifer Vanasse
Joseph & Dianna Veno
Paul Ventura
Sheila Vietro
W. B. Hunt Company, Inc.
W. B. Mason Company, Inc.
Wakefield Co-operative Bank
Wakefield Cultural Council
Nathaniel Y. Waller
Scott Webber
Ryan Wenzel
David & LeAnn Wetherell
Judy Whatley
Nora Willcutts
Andrea Willey
Jeanne Winner
Joan Wolfson
Joanne Wooldridge
Haig & Ginny Yardumian
Kim Young-Wright & Barry Wright
Zanab Zahar

FRIENDS

We are grateful for continued support from our communities:

City of Chelsea

City of Everett

City of Malden

City of Medford

City of Melrose

Town of North Reading

Town of Reading

City of Revere

Town of Stoneham

Town of Wakefield

Town of Winthrop

Elinor Acquaviva
Irma Adams
Joseph & Mary Adario
Ridwan Aden
Penelope Adrian
Francisca Aguirre
Carol Airasian
Carl Akerberg
Danette Alamanos
Anne Alikonis
Rose Allan
Cathleen Allen
Donna Amato
Richard & Linda Amato
David Anderson
Sheryl Annino
Anonymous (13)
Mary Anne Arabian
Marguerite Arrigo
Robert & Amanda Auen
Camille Badolato
Robert & June Bain, Jr.
Josephine Ballato
Arthur Banda
Camilia Bandar
Richard & Linda Baniewicz
Herbert & Arlene Baron
George Barrett & Elaine DeHart
Robert Barrett
Wendy Barrett & Grace Bourget
Gail Barry
Stephen & Janice Barry
Salvatore Battistello
Beacon Hill Wine & Gourmet
Jack & Amy Beckley
Thomas Benbow
Robert & Peggy Berube
Steven Bishop
Jeanne & David Blois
Bobby C's Ristorante
Bob's Italian Foods
Bocelli's Restaurant & Pizzeria
Donna Bordonaro
Edward & Yvonne Boschetti
Arthur & Anne Bosley
Lorraine Boudreau
Andrey & Natalia Boukharov

CONTRIBUTORS
gifts up to \$99

Phyllis Boyd Douglas Bradley Joanne A. Bramante Gail Brancella Geno Breda Ann Brett Charlene Brito John & Antoinette Broderick The Brogna Family & The Taraskiewicz Family Lois Bronnenkant Meghan Brookes Brothers Deli & Restaurant Dana & Marie Brown Krystle Brown Rose Brown Buckalew's Homemade Leon & Rozalie Budilovsky Robert & Brenda Bugden Angela V. Buono Robert & Deborah Buote Lois Burge Joseph & Blanche Burke Mayor Stephanie Burke Lawrence Burnett June Burrowes Margaret Burse Business Solutions Unplugged Inc. Caffe Italia Rita Cahoon Calareso's Farm Stand & Garden Center Marie Callahan Florence Calore Elizabeth Cammarata Barbara Campbell Joe & Maria Cannella Bernadette Canniff Stephanie Caponigro Caporale's Fine Wine & Spirits Dolores Carbone Gloria M. Carew Charlene Carle	Caroline Carregal Carroll's Restaurant Antoinette Caruso Robert Casaletto Claire Casamento Daniel Casper Marjorie Casper Mark & Denise Cassidy Anna Catalanotto Josephine Catalfamo The Cellar Fine Wines Century 21 - Advance Realty Geraldine Chagnon Susan Chase Sam Cheung R.M. Chioccola The Chocolate Truffle Mayor Gary Christenson Marie Churchill Joseph & Jean Ciccarello Albert Cioffi Patricia Citrano Theresa Clarke Philip Clemente Ethel Coccia Daniel Cocuzzo Andrew Cohen David & Ileen Cohen Joanne F. Coit Jacqueline Colangelo Frank Colella Color Nails & Spa Muriel Colson Eva Marie Comeaux Community Baptist Church Missions Alfred Confalone Viola Confalone Barbara Conlon Mark Connors Grace Cook Robert Cormier Emma Coscia
--	---

Mystic Valley Elder Services and its programs are funded in whole or in part by contracts with the Massachusetts Executive Office of Elder Affairs under the direction of the governor and the legislature.

Contributions listed were received by Mystic Valley Elder Services between 7/1/15 and 6/30/16. We strive for accuracy and apologize for any errors or omissions. Please notify the Mystic Valley Elder Services Development Office of any mistakes so that we can update our files.

Robert & Jeanette Cosman
Rita Covelle
Bonnie Cronin
Debbie Crosio-Core
Crystal Community Club, Inc.
Peter & Lois Cucinotta
William & Marguerite Cullen
Robert Cunningham
Cupcake City
Debbie Curtis
D & S Auto Parts
Donna D’Addario
Oleda Dady
Abbe Dalton Clark
Adelma D’Ambrosio
Maria Damiano
d’Amici’s Bakery
Dana D’Amour
Kay Danieli
Donald & Honore David
Jim & Mary Davis
Pat Davis
Stephanie Davis
Carl Dawson
David & Carolyn Dayton
Carol Deady
Emma G. DeChristoforo
James & Catherine DeCola
David DeFlumeri
Carlotta DeGaetano
Delight Medicals Inc.
Edmund & Cynthia Dellicolli
Rose DeLuca
Thelma DeLucia
Joanne DeMato
William & Barbara Denhard
Rita Denietolis
Charles Deniso
Janet D’Entremont
Richard & Lillian D’Entremont
Melanie DeRosa
Michael Desmond
Rosemary DeVeer
Elaine DeVivo
James & Lezhen Di
Nancy DiGiacomo
Carolyn Dinsmoor

John & Barbara Dionne
Stephen & Nancy DiTullio
Anne Dodge
John Doherty
Susan Doherty
Dom’s Sausage Co., Inc.
David Donahue
Josephine Donato
Richard & Claire Donovan
Richard & Kathleen Donovan
John & Betty Dougwillo
Paul & Mary Doyle
D’Parma Restaurant
Michael & Carol Ducrow
Dunkin Donuts
Nick & Rosemary D’Urso
Edward Jones Investments
Robert Engber
Helen Enos
Erik’s Barber Shop
Audrey L. Errico
Nancy E. Errico
Jose & Marianne Estrela
Kathleen Falese
Christine Falzarano
Elaine Fassett & Louise Fassett
Anthony Favale
Donna Faxon & Frances Faxon
Cheryl Fazio
John & Diane Marie Felci
Patricia Felix
James & Maria Fernandes
Ronald & Judith Ferrara
Michael & Joan Finamore
Amber Finch
Victor & Lucy Finos
Angela Fitzgerald
John Fitzgerald
Virginia Fitzgerald
William Fletcher
Ronald Flynn
Michael & Patricia Foley
Follow Your Art
Martin Foodman
Doris Ford
Etsie & Amy Foreman
Helen Foreman

Eric & Sarah Forte
Arlene Fothergill
Mark & Dorothy Foxon
Agnes Foye
The Frame Shack
Deborah Francione
Joanne Franco
Martin Fraser
Marguerite Frassica
Stephen & Mary Freitas
Leopold & Aleftina Freydin
William & Eileen Fyfe
Linda Gadbois
Constance Gagas
Elizabeth Gallagher
Mary Gallagher
Virginia Gallagher
Fern Ganley
Douglas Garber
Dolores Garcia
Raymond Gardner
Karen Garland
Michael & Elaine Gaughan
GE Foundation
Frank Gerrior
Nancy B. Ghareeb
Giuseppe & Rose Giammarco
Daniel Giatrelis
Maria Giles
Joseph Giordano
Joseph & Peggy Giordano
Rose Giordano
Globe Travel Service
Paul & Marjorie Godding
Anita Goldberg
David Goldberg
Deborah Gonzales
Jean Goode
Lynne Goode
George & Dorothy Gordimer
Laurel L. Gordon
Tommy & Betty Gorsuch
Joseph Granara
Louis & Helen Grasso
Gray’s Appliance Inc.
Kim Green
Paula Greene

Theresa Gritti
Ruth Gross
Edna Grossi
Arthur & Maria Guardia
Bernie Gugenheim
Tom & Jan Guttadauro
Cheryl Hackett
Luanne Hagan
Palmer & Ida Hale
John Hanson
Carolyn G. Harder
Ronald & Deborah Harding
George W. Haroutunian
Harrow’s Chicken Pies
David & Judy Hart
Robert Harvey & Gayle Wetmore
William Hashem
Walter & Diane Hayden
George & Shirley Hayes
Nancy Hersch & Kristen Joyce
Marjorie Hery
The Hitching Post
Elaine Holbrook
George & Marilyn Holland
Ellen Holmes
Honey Dew Donuts
Pamela Hooks
George Hooper
Hoopla Web Designs
Heidi Horahan
Horseshoe Grille
Conchita Houlihan
Hourglass Gift Gallery
Ellen Howe
Janet M. Hoy
Zofja Husak
Sharon Iagulli
Angelo & Teresa Iannaco
Gail Infurna
Ralph Ingalls
Maya M. Jacob
Eleanor M. Jean
Venette Jean-Pierre
Mary Rose Jensen
Ingeborg & Dana Jewell
Jitter’s Cafe
Joe Fish Seafood Restaurant & Bar

John Brewer’s Tavern
Bill & Ellen Johnston
Caroline Johnston
Robert Johnston
Donna Jones
Marian Kaplan
Kappy’s Fine Wines & Spirits
Kappy’s Liquors
The Kasian Family
Kayem Foods Incorporated
Mark Kearney
Joseph Keenan
Mary Kelleher
Anne Kelley
Lettie Kelley
Anne Kelly
Charlene Kelly
John & Maria Kendricken
Michael & Kathleen Kennedy
Clara Kenney
Marina Khvolovskaya
Mary Kierstead
 & Michael Weiss
Morris & Joan Klein
Mary Jo Koizumi
Marilyn Kourinos
Ruth Lang
Shirley Lanzilli
Diane & Carl Lanzillo
Betty Ungar Lapide
Richard & Patricia LaPointe
Mary Laskey
Gladys M. Latshaw
Irene Laurens
Lynn Lavallee
Roland Lavallee
Gerard T. & Nancy E.
 (O’Leary) LaVarnway
Ann Marie Leach
Mary Leach
Cynthia LeBlanc
Annie Lee
Archie Lee
Melvin & Elaine Leeds

Armand & Shirley LeFave
Denise LeGrow
Manuel & M. Charlene Leitao
Daniel & Irene Lennox
Joseph Leo
Salvatore S. Leone
Lorenzo & Nelinda Lepore
Constance Levine
Rev. Jürgen & Gloria Lias
James Lillis
Dana & Louise Litchfield
Margaret Littlewood
Frank Liu
Margery Livingstone
Robert & Gail Long
Amy Lord
Stephen Lucia
Violet Lucia
Joseph & Kathleen Luciano
Kathryn Lynch
Paul & Cynthia Lyons
Barbara MacDonald
John MacInnis
Bruce MacLeod
Barbara MacSwain
Madavor Media
Madison Ave of Melrose
Barbara Maffie
Ruth Mahoney
Stephen Maiorano
Malden High School
Marguerite Maloney
Margaret Manchinton
Mary Jo Mangan
Robert & Lynn Mansmann
Rose Marenghi
Sanja Markovic Peixoto
Richard & Kathleen Martino
Valerie Martins
Margaret Massiah-Agbonogieva
Joanne Materazzo
Margaret Mattes
Robert & Angela Mauceri
Alan May

CONTRIBUTORS

Calastine May	Claire Murphy	Pearl Street Station Restaurant	Sandra Rotondi	Spice of Melrose Fine Thai Cuisine	Aridia Twombly
Adele McAndrews	James Murphy	Jim & Martha Pedone	George Rowe	Lauren Sposato	Mary Twyman
Mary Beth McAteer-Margolis & Michael Margolis	Umberto Mutti	Pepperberry Florist and Gift Shop	Robert & Rose Rowton	Gayle Spracklin	Mary Vaccaro
Laura McCann	Susan Myerow	Yolande Pere	Gerard Ruane	Angela Squitieri	J. Van Wormer
Paul & Susan McClory	Amin & Sarah Nabhan	Evelyn Persoff	John J. Ruehrwein, Sr.	St. Christopher Friary	Elaine Vande Hei
Donald & Laura McCracken	Edward & Holly Nahabedian	Beulah Peterson	Linda Russell	Gail Stafford	Louis Vatman
James McFague	Hardy & Elisabeth Nalley	Daniel Petricca	Dorothy Rutledge	Starbucks Coffee	Frank Vegan
John McGrath	Katherine Natale	Alphonse Petrillo	James & Lucille Ryan	Lynne Stewart	Robert & Linda Ventola
Carol McGreevy	M. Nelting	Marcia Phinney	Ryer’s Country Store	Andrea Stidsen	Alessio J. Ventura
McKinnon’s Market	John J. Nice	Phanh Phung	Ellen M. Rynne	Willard & Ann Stone	Mary Ann Venuto
Joan F. McLennan	Walter Nicolson	Pisa Pizza	Sakura Restaurant	Hanna Strowman	Phyllis Vigoda
Kathleen McNamara	Lois Nikitin	Peter & Eleanor Pistorino	Marfisa Salamone	Carol Sugrue	Margaret Villeneuve
Elizabeth V. McNeil	Rosemary Nilo	Martha Pitman	Mary C. Sampson	Leda Sullivan	Ronald & Maureen Visocchi
Frederick & Arline McNutt	Family of Jimmy & Cindy Noftle	Rosemarie Pitts	Hyman Sandler	Anne Swenson	Anthony & Rosaria Vito
Daniel & Donna McWilliams	Roberta Norton	Debra Poto	Rita Saraceni	Claire V. Swift	Frank & Barbara Voss
Mark Meehl	Patricia Nunley	M. Joan Potter	Frank Sarcia	Robert & Judith Swift	Janice Wahl
Joyce Melkonian	Anne O’Brien	Pretty Woman Nail Care	Mary Sasso	Arnold Syrkin	Peg Walsh
Sandra Mellace	Paul & Elaine O’Brien	Russell Priestley	Pauline R. Scaglione	Tailored For Success, Inc.	Francis Walsh & Fairlie Dalton
June F. Merve	Brian & Lisa O’Connell	Paula Privé	Carmella Rose Scali	John & Donna Tamburrini	George & Carolyn Walsh
Richard & Patricia Metropolis	Marsha Oest	Debra Puopolo	Anthony & Carol Schena	Tania - A Unique Salon & Spa	John & Ellen Walsh
Robert J. Mikolitch	Thomas & Lisa Ohlson	Sandy Quinlan	Geraldine Schiavo	Amy Taranti	Christopher & Kirsten Ward
Charles Milano	Olde Redding Butcher Shop	George & Carol Quinn	Carl & Kathleen Schloth	Tasty Garden Restaurant	James Ware
Elizabeth Minassian	Brian M. O’Leary	Janet A. Quinn	Ingrid Schwarzer	Maxine Taymore	Charles & Barbara Webb
John & Venetia Mitropoulos	Stephen & Susan O’Leary	Annamarie Radigan	Michael & Sally Semertgakis	Dorothy Tecce	Jack Welch & Jean O’Toole
Modern Pastry	Daniel & Carol O’Neil	Robert Radigan	Ronald & Ellen Sen	Salvatore & Denise Tecci	Dulcinea Wetherell
Harryman & Lorraine Moe	James O’Neil	Kathleen Raimo	Pauline Sergi	Eleanora Terenzi	Eris White
Duncan & Shirley Moffat	Gertrude O’Neill	Raso’s Grille & Pizzeria	John Shami	Teresa’s Restaurant	Gary & Susan White
Virginia A. Moise	Marie O’Neill	Betty Rawson	Eloise Shannon	Stephen J. & Judith L. Terrazano	Whittemore Hardware and Remodeling
Lucille Moister	Carol Orpen	Re/Max Leading Edge	John Sheehan	The Reading Department,	Allan & Jane Wilkins
Edward & Tuulikki Molano	Neil Osborne	Robert & Laura Reich	Robert & Constance Sheldon	Wilmington Public Schools	Judy Wilson
Montvale Tire Co	& Maria Scott-Osborne	Lauren Reid	Elaine Sheppard	John & Elaine Thibault	Natalie Winterle
Barbara Moore	Steven Oston	James Reilly	Dianne Sheridan	Eileen Thibau	The Winthrop Arms Hotel and Restaurant
Maria Moran	Columbia Pace	Mary Reilly	Mary Shinners Family	R & E Thomas	Winthrop Public Library
Morena Cucina Rustica	Diane Pahlm	Elaine Repucci	Elizabeth Sibert	Norma M.B. Thompson	Anna Wong
Phyllis & Theresa Morlani	Jack Palano	Robert Rex	Frances Sicuso & Josephine Polcari	Patricia Thompson	Donald & Carol Wood
Alan & Karen Morrell	Pamplemousse	Kenneth & Elizabeth Ricci	Stanley Sidel	Stuart Thorne	Donna Wood
Evelyn Morris	Panera Bread Company	Christine Richey	Ruth Siegel	Tin Bucket	Virginia Wood
Patricia Morrison	Ekaterini Pantekidis	Grace Richmond	Linda Silva	John & Katie Todisco	Robert & Marguerite Wyatt
Pino & Emily Moschella	Elizabeth Parker	Karen Riemer	Carol Skerry	Rosanne Tranfaglia	Charlotte Yde
Diane J. Mosley	Parker Florist	Ana Iris Rivera-Vila	Andrew & Linda Slusarz	George & Jane Trenholm	Dorothy Zanni
Mount Vernon Restaurant	Joan Patterson	George & Barbara Roberto	Marguerite Small	Joseph & Phyllis Trigilio	Diane T. Zarella
William & Tracy Muise	Josephine Pawlyk	Adeline Rocci	May Smart & Lorraine Smart	Andrew & Frances Tringali	David Zawacki
Virginia Mulkerin	Boima Paye	Alfonse & Carol Rocci	Joseph & Regina Smith	Frank Troiani & Linda Mannke	Anna Zollo
Paul Mullen & Patricia Hart	Mary Peabody	Jill Rodstrom	Harry Smith	Stavros Tsampas	Marielle Zullo
	Peabody Essex Museum	Donna M. Rogers	Frank & Betty Smith	Emerson &	
		Sheila J. Romo	& Paul Mercato	Dorothy Elizabeth Tucker	
		Rotary Club of Melrose	Virginia Snyder	Tonja Turner	
		Bob & Diane Rotondi	Ruth Spafford	Turner’s Seafood Grill & Market	

CONTRIBUTORS



GIFTS TO MYSTIC VALLEY WERE MADE IN MEMORY OF...

Rocco Albanese	Amy E. Cosman	Bertha F. Giordano	Gelsomina Lochiatto	Frances Petricca	Sally Simons
Irene Algiers	Joan Cronin	Jack Giordano	Philomena F. Lopes	Carmella “Millie” Petrillo	Elizabeth Sloan
All twelve of my siblings	Frank & Catherine Cucinotta	Murray Goodman	Russell Lovaas	Charles Nelson Phinney	Ernestine Smith
All my sisters and two brothers	Cucinotta Family	Irwin “Sonny” Goodman	Francesco & Virginia Loycano	Dorothy Pierce	Lucy Smith
Allan Family	Charles E. Dady	Phyllis A. Gorman	Nora & Thomas Lucey	Mary Pietrantonio	Irving Smolens
Samuel N. Allsopp	Bruno DaForna	Guy G. Grande	Joseph H. Lyons	Dorothy Plati	Manuel Soares
Antonetta Altieri	Lawrence R. Danieli	Joseph P. Greenland	Arnold MacCollum	Virginia Porter	Frank Solimini
Marion Amato	John Edward Davis	Art & El Hagan	Janet MacGregor	Nancy Priestley	Sandra Solomon
Marie C. Amerena	Jennie DeAngelis	William R. Haley	Rita C. Maglione	Albert E. Pulsifer	Lena Sozio
Annette	Leonard DeBenedictis	Delia Hamblin	James M. Mahoney	Evelyn Rainville	Frank & Mary Stanuchenski
Sarah Arabian	Sue Delli Colli	Joan Hampton	Michael Manley	Patricia Randall	Joanne Strobel
Alice Arena	Alice Desmond Cocuzzo	Barbara Hardy	Ann B. Martin	Clementina Reich	Denis Sugrue
Helen M. Banda	Charles L. Dingée	Sophie Hayden	Shirley Martino	Evelyn M. Rex	Joan Sullivan
Nicoletta G. Barbaro	Arthur Dinsmoor	Torencia Haynes	Mary Maxwell	Camille & Angelo Ricciardelli	Mildred Lillis Taddeo
William L. Barry	James J. Dionne	Jean Henry	Robert S. McAndrews	Alberta Helen Rich	Guerino “John” Tamburrini
Alban L. Bernard	Dorothy DiSario	Joseph W. Hoy Jr.	William McCormack	Norman & Elizabeth Richard	Marie Tammaro
Ivy Blakemore	Dorothy DiTullio	Florence Vera Hubbard	Edward F. McCusker, Jr.	Eugene Richey	Everett Tanner
Margaret Brady	Ginny Donoghue	Irene M. Hurney	Thomas H. McDonald	Margaret E. Riley	Mary Teixeira
Marianne Breda	William Donovan	Lolina Iacopucci	Rheta McKinley	Mary J. Rizzo	Matilda Thibeau
John & Margaret Brescia	Rita M. Downey	Angelo Iannaco	Richard McWilliams	John G. Rogers	Etta Mae Tilford
Emma Buote	Leo & Margaret Doyle	Rosalie Indelicato	Robert E. Metropolis	Doris Marie Rotondi	Sarah & Aaron Tilley
Lucille Butler	William V. Dunn	Catherine Jackson	Pasquale Milano	Josephine Roy	Angelina Tremblay
James Camerario	Paul Duragano & son Paul	Thaditharayil M. Jacob	Vincent S. Moisé	Vincent Roy	Norman Tremblay
Lena Campanaro	Louise Elliott	Louise Jennings	Anthony Morlani	Maria Ruberti	Harry True
Joseph Cardello	Nancy Ellis	& Catherine Pothier	Frederick F. Mosley	Theresa M. Ruehrwein	Lillian Vegan
John J. Carew Jr.	Ruth A. English	Helen Jensen	Aleida Mulally	Robert Ruio	Harriet M. Veitch
Maria Casaletto	Teresa Estrela	Marie F. Joyce	My parents	Bernard Rynne	William Ventola
Francesco & Virginia Cataldo	Maurice J. Fama	William V. Kaplan	My parents and other deceased	Joseph E. Sampson	Michael J. Vicari
Marianna & John Cerretani	Jeanne Ferrara	Charles E. Kelley, Sr.	members of my family	Henry & Louise Sapochetti	Frances A. Walsh
Joseph Christerson	Frank Florentino	Severena Kirklian	Anastasia Myers	Peter Scaglione	Tom Walsh
Maria Ciccio	Francis W. Foley Sr.	Alice Kozlowski	Frank S. Nastri	Yvonne Scarparci	Paula & Harry Webb
Nicholas & Phyllis Ciccone	Joshua Edward Ford	Wallace S. Kreisman	Catherine Nelting	Rebecca & Edward Schecter	Daniel White
Julia Cioffi	Gloria Forrest	Isabel Laetsch	Margaret Nevins	The Sexton Brothers	Raymond Wood
Helen Clark	Lillian Fossetti	Anne Lally	Richard Nilo	(Jack, Tom & Bill)	Stella R. Wyrocki
John F. Coit	Paul Foti	Joanne Lambert	Daniel J. and Helen D. O’Leary	Ellen E. Sheehan	John W. Yearwood
Cecilia Colella	Thomas Peter Foxon	Carl Lanzillo	Edith A. O’Leary	Ruth Sheffe	Mary E. Zanni
John A. Confalone,	Doris & Stephen Freitas	Edward Laskey	John F. O’Neill	Walter Sheppard	Elsie F. Zarella
Sam & Marie Confalone,	Donna Fusco	David Leach	Angeline “Dolly” Palma	Miriam Sheridan	George A. Zarella
Angelo-Madeline DeLiso	& William E. Manchinton	Celia & Sabatino Leo	Joseph K. Park	Mary Shinnors	Ti-C Zhang & Hui-P Zhang
& Anthony Seni Savella	Luis Garcia	Janet R. Leone	Lucy Pepe	The Silverio Family	Donald Zollo
Alberta & Carla Confalone	Pauline Geleas				

AND IN HONOR OF...

All older adults
Barbara Allen
Violette & Sobhi Bandar
Nicoletta G. Barbaro
Joseph & Betty Barnett
Joseph & Blanche Burke
Earle Burse
Mary Byrne
Elizabeth Cammarata
Ernest Caponigro
Richard Caprio
Caregivers everywhere
John Carew
Jean Cargill
Marie Casaletto
Robert E. Chagnon
Helen Christian
Joan & Steve Chuha
John F. Coit
Dot Corey
Catherine & Frank Cucinotta
Marie Davis
Barbara Dawson
Daniel DeChristoforo
Phyllis DelliColli
Leslie & Phyllis DeMarco
Rose DeMattia
Anne DiMattia
Ann Frazier & John DiStefano
Jeanne M. Ferrara
Amy Foreman

Emma Francione
Ann Frazier & John DiStefano
Angelo Galiandi & Mary
Annette F. Gill
Joseph Giordano, Sr.
Jean Goode
Irene Granara
Jennifer Grogan
Pauline Habeeb
Patricia Hart
Sophie Hayden
Mary & Simon Hubbard
Pamela & Matthew Kanan
Rose Karshis
Michael Kearney
Paula J. Keefe
Gertrude Keenan
Harry Keough
Elizabeth Kierstead
Michele LeBlanc
Nona Lee-Smith
The Lucia Family & J. Zavaglia
Dorothy MacKay
Esther Marano
Shirley Martino
Richard F. McWilliams
Elizabeth W. Merrill
Geraldine Mikolitch
Josephine Milano
Richard Moister
Maureen Mullaly

Mystic Valley Elder Services
Ken Neal
Daniel O'Leary
& Mystic Valley staff
Joan Oliveri
Jean Pedersen
Cindy & Betty Petron
Larry Poirier & the money
management volunteers
Debra Richardson
Anne Rivers
Robert Rowton
Josephine Sarcia
Manfredo
& Annina Scaramuzzo
Mary Lee Scharaffa
Helen T. Semertgakis
Rose Sergi
Eloise Shannon
Bishop Regina E. Shearer
May Smart
Mary C. Stack
Muriel Surette
Helen Tsampas
Josephine Vietro
Patricia White
Rita G. White
Ken M. Wong
Virginia Wood
Frances Wye

Each falling leaf,
carrying with it
seasons of light
and growth
and color,
nestles
into the earth
to nourish
the roots
below.

 **Mystic Valley**
Elder Services

We are rooted here, in your community. In your neighborhood. And as our roots grow stronger, so do our branches expand their reach.

Consider how designating a gift in your will to Mystic Valley Elder Services can nourish and strengthen this deeply rooted community resource, and how your gift will be part of our essential work ... *always*.

Contact us at development@mves.org or 781-324-7705 for information.

I loved, I lost

1 green bell pepper, seeds removed
3 pounds roma tomatoes, peeled
4 stalks celery
2 carrots, scrubbed
4 white onions
1 bulb roasted garlic
1/2 cup dry red wine
3 tbsp chopped fresh oregano
sea salt
cracked black pepper
sugar

Mince onions and garlic and heat vegetable oil in a large pot. Add several glugs of olive oil. Add the vegetables and oregano and stir into onions. Salt and pepper as you like. Onions begin to sweat. Meanwhile, chop tomatoes and chop celery.

I made

Spaghetti

JUNE 10, 2017 • STONEHAM THEATRE

A SPECIAL PERFORMANCE TO BENEFIT OLDER ADULTS WITHOUT RESOURCES IN THE MYSTIC VALLEY REGION