

**FOR IMMEDIATE RELEASE** January 14, 2019

<u>Contact:</u> Shawn P. Middleton Director of Communications (781) 324-7705 ext. 320 smiddleton@mves.org

## Mystic Valley Elder Services Employee Spotlight Award Winner

(Malden, MA)— The Mystic Valley Elder Services Employee Spotlight Award winner for the fourth quarter of 2018 is Melrose resident Amy Foreman, Clinical Caseworker, who's been with the agency for 33 years.

Amy's nominator had this to say about her:

"Amy provides the highest quality of services to her consumers. She exhibits great determination in helping and advocating for those she works with and is always willing to take on the work of helping a challenging consumer or complicated situation."

"Amy is creative, innovative, persistent, and compassionate and many consumers open up and tell her things they have never shared with anyone else. This enables them to start a process to deal with past losses and traumas and improve their quality of life. She is able to use her relationship-building skills to help consumers get the help they need and has made a tremendous impact on many of those she has worked with."

The spotlight award is given to a Mystic Valley Elder Services employee who has gone above and beyond typical job expectations, provided outstanding customer service, or performed distinctive achievements that impact their department and agency.

Congratulations Amy!

## -30-

Located in Malden, Mass., Mystic Valley Elder Services is a non-profit agency that provides essential home- and community-based care and resources to elders, adults living with disabilities, and caregivers who reside in Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield and Winthrop. Agency services include coordination of home care, transportation, Meals on Wheels, and information and referrals. For more information, please call (781) 324-7705 or visit <u>www.mves.org</u>.

300 Commercial St., #19 • Malden, MA 02148 • 1-800-AGE-INFO • FAX 781-324-1369 • TTY 781-321-8880

Partnering with older adults, adults living with disabilities, and caregivers residing in Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield, and Winthrop.



Mystic Valley Elder Services Chief Executive Officer and Melrose resident Dan O'Leary congratulates Employee Spotlight Award winner and Melrose resident Amy Foreman, Clinical Caseworker.