

# Kosher Menu

# February

Monday	Tuesday	Wednesday	Thursday 1st	Friday 2nd
			<b>Beef Kabob</b> <b>Mashed Potato</b> <b>Vegetable Medley</b> <b>Whole Grain Bread</b> <b>Cake</b> (cal) 750 (Na) 719	<b>Herb Crusted Tilapia</b> <b>Roast Sweet Potato</b> <b>Asparagus</b> <b>Challah Bread</b> <b>Peaches</b> (cal) 883 (Na) 706
Monday 5th	Tuesday 6th	Wednesday 7th	Thursday 8th	Friday 9th
<b>Apple Stuffed Chicken w/Gravy</b> <b>Collard Greens</b> <b>Polenta</b> <b>Dinner Roll</b> <b>Cake</b> (cal) 747 (Na) 688	<b>Blueberry Blintz w/Blueberry Sauce</b> <b>Home Fries</b> <b>Veggie Sausage</b> <b>Whole Grain Bread</b> <b>Pineapple</b> (cal) 766 (Na) 905	<b>Herb Salmon w/ Lemon Sauce</b> <b>Steamed Rice</b> <b>Cauliflower</b> <b>Dinner Roll</b> <b>Peaches</b> (cal) 741 (Na) 391	<b>Meatball Stroganoff</b> <b>Egg Noodles</b> <b>Roast Carrots</b> <b>Whole Grain Bread</b> <b>Clementine</b> (cal) 715 (Na) 761	<b>Chicken Schnitzel with Gravy</b> <b>Sweet Potato</b> <b>Zucchini</b> <b>Challah Bread</b> <b>Orange</b> (cal) 882 (Na) 1074
Monday 12th	Tuesday 13th	Wednesday 14th	Thursday 15th	Friday 16th
<b>Pasta Primavera with veggie</b> <b>crumble</b> <b>Stewed Tomato</b> <b>Challah Bread</b> <b>Pudding</b> (cal) 900 (Na) 925	<b>Rotisserie Chicken</b> <b>Baked Sweet Potato</b> <b>Mixed Vegetables</b> <b>Whole Grain Bread</b> <b>Cake</b> (cal) 901 (Na) 865	<b>Lemon Dill Cod</b> <b>Rice Pilaf</b> <b>Summer Squash</b> <b>Dinner Roll</b> <b>Mixed Fruit</b> (cal) 834 (Na) 805	<b>Beef Stew</b> <b>Mashed Potato</b> <b>Whole Grain Bread</b> <b>Jello</b> (cal) 818 (Na) 779	<b>Chicken Cacciatore</b> <b>Steamed Rice</b> <b>Challah Bread</b> <b>Peaches</b> (cal) 723 (Na) 661
Monday 19th	Tuesday 20th	Wednesday 21st	Thursday 22nd	Friday 23rd
<b>Presidents Day</b>	<b>Beef Knish</b> <b>Kasha Vanishka</b> <b>Broccoli</b> <b>Whole Grain Bread</b> <b>Orange</b> (cal) 1043 (Na) 711	<b>Carved Turkey with Gravy</b> <b>Green Beans</b> <b>Mashed Potato</b> <b>Dinner Roll</b> <b>Apple Crisp</b> (cal) 887 (Na) 836	<b>Meatloaf with Gravy</b> <b>Acorn Squash</b> <b>Roast Vegetables</b> <b>Dinner Roll</b> <b>Orange</b> (cal) 729 (Na) 572	<b>Salmon Cake</b> <b>Roast Potato</b> <b>Spinach</b> <b>Challah Bread</b> <b>Pudding</b> (cal) 807 (Na) 881
Monday 26th	Tuesday 27th	Wednesday 28th	Thursday 29th	Friday
<b>Apricot Chicken</b> <b>Roast Potato</b> <b>Asparagus</b> <b>Dinner Roll</b> <b>Pears</b> (cal) 949 (Na) 893	<b>Beef and Macaroni</b> <b>Steamed Broccoli</b> <b>Whole Grain Bread</b> <b>Pinapple</b> (cal) 721 (Na) 654	<b>Fish Casserole</b> <b>Mixed Vegetables</b> <b>Steamed Rice</b> <b>Dinner Roll</b> <b>Cake</b> (cal) 718 (Na) 1177	<b>Chicken Kiev</b> <b>Steamed Rice</b> <b>Peas and Onions</b> <b>Whole Grain Bread</b> <b>Jello</b> (cal) 731 (Na) 855	