

Kosher Menu

January

Monday 1st		Tuesday 2nd		Wednesday 3rd		Thursday 4th		Friday 5th	
Happy New Year		Chicken Kiev Steamed Rice Peas and Onions Whole Grain Bread Jello (cal) 731 (Na) 855		Herb Crusted Tilapia Roast Sweet Potato Asparagus Dinner Roll Peaches (cal) 883 (Na) 1007		Beef Kabob Mashed Potato Vegetable Medley Whole Grain Bread Cake (cal) 750 (Na) 719		Pasta Primavera with veggie crumble Stewed Tomato Challah Bread Pudding (cal) 900 (Na) 925	
Monday 8th		Tuesday 9th		Wednesday 10th		Thursday 11th		Friday 12th	
Apple Stuffed Chicken w/Gravy Collard Greens Polenta Dinner Roll Cake (cal) 747 (Na) 688		Blueberry Blintz w/Blueberry Sauce Home Fries Veggie Sausage Whole Grain Bread Pineapple (cal) 778 (Na) 905		Herb Salmon w/ Lemon Sauce Steamed Rice Cauliflower Dinner Roll Peaches (cal) 741 (Na) 391		Meatball Stroganoff Egg Noodles Roast Carrots Whole Grain Bread Clementine (cal) 715 (Na) 761		Chicken Schnitzel with Gravy Sweet Potato Zucchini Challah Bread Orange (cal) 882 (Na) 1074	
Monday 15th		Tuesday 16th		Wednesday 17th		Thursday 18th		Friday 19th	
MLK Day		Rotisserie Chicken Baked Sweet Potato Mixed Vegetables Whole Grain Bread Cake (cal) 901 (Na) 865		Lemon Dill Cod Rice Pilaf Summer Squash Dinner Roll Mixed Fruit (cal) 834 (Na) 805		Beef Stew Mashed Potato Whole Grain Bread Jello (cal) 818 (Na) 779		Chicken Cacciatore Steamed Rice Challah Bread Peaches (cal) 723 (Na) 661	
Monday 22nd		Tuesday 23rd		Wednesday 24th		Thursday 25th		Friday 26th	
Kotleti Chicken Patty with Gravy Roast Beets and Baked Potato Dinner Roll Fruit Cup (cal) 996 (Na) 800		Beef Knish Kasha Vanishka Broccoli Whole Grain Bread Orange (cal) 1043 (Na) 711		Carved Turkey with Gravy Green Beans Mashed Potato Dinner Roll Apple Crisp (cal) 887 (Na) 836		Meatloaf with Gravy Acorn Squash Roast Vegetables Dinner Roll Orange (cal) 729 (Na) 572		Salmon Cake Roast Potato Spinach Challah Bread Pudding (cal) 807 (Na) 881	
Monday 29th		Tuesday 30th		Wednesday 31st		Thursday		Friday	
Apricot Chicken Roast Potato Asparagus Dinner Roll Pears (cal) 949 (Na) 893		Beef and Macaroni Steamed Broccoli Whole Grain Bread Pinapple (cal) 721 (Na) 654		Fish Casserole Mixed Vegetables Steamed Rice Dinner Roll Cake (cal) 718 (Na) 1177					