

Kosher Menu

March

Monday	Tuesday	Wednesday 1st	Thursday 2nd	Friday 3rd
		Beef pelmeni with caramelized onions and sauce Green Beans Dinner Roll Banana (cal) 715 (Na) 509	Baked Cod Steamed Rice Steamed Carrots Whole Grain Bread Fruit Cup (cal) 615 (Na) 929	Carved Turkey Mashed Sweet Potato Vegetable Medley Challah Bread Orange (cal) 715 (Na) 509
Monday 6th	Tuesday 7th	Wednesday 8th	Thursday 9th	Friday 10th
Chicken Salad on Bulkie Roll Sliced Tomato Potato Salad Dinner Roll Pudding (cal) 745 (Na) 853	Baked Salmon w/ Lemon Sauce Broccoli Cous Cous Whole Grain Bread Cake (cal) 1033 (Na) 940	Macaroni Po Flotski Beef and Onions with Gravy, Pasta and Braised Cabbage Dinner Roll Peaches (cal) 691 (Na) 577	Stuffed Cabbage Roast Tomato Roast Potato Whole Grain Bread Cookie (cal) 742 (Na) 1245	Herb Grilled Chicken with Mushroom Gravy Rice Pilaf and Roast Carrots Challah Bread Fruit Cup (cal) 709 (Na) 603
Monday 13th	Tuesday 14th	Wednesday 15th	Thursday 16th	Friday 17th
Beef Knish Kasha Vanishka Broccoli Dinner Roll Apple Sauce (cal) 1019 (Na) 713	Rotisserie Chicken W/Gravy Baked Sweet Potato Roast Summer Squash Whole Grain Bread Banana (cal) 836 (Na) 644	Brisket and Gravy Cauliflower Roast Potato Whole Grain Bread Cake (cal) 927 (Na) 672	Kotleti Chicken Patty with Gravy Roast Beets and Baked Potato Dinner Roll Orange (cal) 1012 (Na) 861	Salisbury Steak with Gravy Carrots Steamed Rice Challah Bread Pudding (cal) 790 (Na) 776
Monday 20th	Tuesday 21st	Wednesday 22nd	Thursday 23rd	Friday 24th
Beef and Eggplant Ragu Steamed Spinach Dinner Roll Jello (cal) 620 (Na) 645	Salmon Cakes w/ Lemon Sauce Mashed Sweet Potato Roast Peppers Whole Grain Bread Peaches (cal) 891 (Na) 725	Apple Stuffed Chicken /Gravy Roast Potato Asparagus Dinner Roll Fruit Cup (cal) 721 (Na) 722	Glazed Meatloaf w/gravy Mashed Potato Steamed Carrots Whole Grain Bread Orange (cal) 669 (Na) 746	Chicken Cutlet / Gravy Steamed Rice Braised Cabbage Challah Bread Cookie (cal) 843 (Na) 923
Monday 27th	Tuesday 28th	Wednesday 29th	Thursday 30th	Friday 31st
Blueberry Blintz Home fries, Peppers and Onions Veggie Patties Dinner Roll Fruit Cup (cal) 893 (Na) 1120	Chicken Marsala Quinoa Mixed Vegetables Whole Grain Bread Banana (cal) 713 (Na) 570	Pot Roast Mashed Potato Green Beans Pear Dinner Roll (cal) 621 (Na) 579	Roast Chicken Cauliflower Roast Potato Whole Grain Bread Pudding (cal) 708 (Na) 664	Cod Cakes w/ Lemon Sauce Sweet Potato Mixed Vegetables Whole Grain Bread Banana (cal) 773 (Na) 679