

# Kosher Menu

## May

Monday 1st	Tuesday 2nd	Wednesday 3rd	Thursday 4th	Friday 5th
<b>Beef pelmeni with caramelized onions and butter sauce</b> <b>Green Beans</b> <b>Dinner Roll</b> <b>Banana</b> <b>(cal) 715 (Na) 509</b>	<b>Baked Cod</b> <b>Steamed Rice</b> <b>Steamed Carrots</b> <b>Whole Grain Bread</b> <b>Cookie</b> <b>(cal) 76 (Na) 961</b>	<b>Vegetable Quiche</b> <b>Noodle Kugel</b> <b>Steamed Spinach</b> <b>Dinner Roll</b> <b>Pears</b> <b>(cal) 965 (Na) 1074</b>	<b>Citrus Chicken</b> <b>Roast Potato</b> <b>Vegetable Medley</b> <b>Whole Grain Bread</b> <b>Pudding</b> <b>(cal) 697 (Na) 713</b>	<b>Beef and Macaroni</b> <b>Steamed Broccoli</b> <b>Challah Bread</b> <b>Orange</b> <b>(cal) 845 (Na) 685</b>
Monday 8th	Tuesday 9th	Wednesday 10th	Thursday 11th	Friday 12th
<b>Cranberry Chicken Salad on Bulkie Roll</b> <b>Sliced Tomato</b> <b>Russian Potato Salad</b> <b>Banana</b> <b>(cal) 925 (Na) 905</b>	<b>Grilled Salmon Lemon Sauce</b> <b>Green Beans</b> <b>Cous Cous</b> <b>Whole Grain Bread</b> <b>Cake</b> <b>(cal) 964 (Na) 740</b>	<b>Apricot Chicken</b> <b>Roast Cauliflower</b> <b>Garlic Potato</b> <b>Dinner Roll</b> <b>Peaches</b> <b>(cal) 717 (Na) 880</b>	<b>Beef Burgundy</b> <b>Roast Carrots</b> <b>Whole Grain Bread</b> <b>Orange</b> <b>(cal) 707 (Na) 882</b>	<b>Blueberry Blintz</b> <b>Blueberry Sauce</b> <b>Home fries, Peppers and Onions</b> <b>Veggie Patties</b> <b>Challah Bread</b> <b>Fruit Cup</b> <b>(cal) 926 (Na) 1158</b>
Monday 15th	Tuesday 16th	Wednesday 17th	Thursday 18th	Friday 19th
<b>Beef Knish</b> <b>Kasha Vanishka</b> <b>Broccoli</b> <b>Dinner Roll</b> <b>Apple Sauce</b> <b>(cal) 1019 (Na) 713</b>	<b>Rotisserie Chicken W/Gravy</b> <b>Baked Sweet Potato</b> <b>Roast Summer Squash</b> <b>Whole Grain Bread</b> <b>Banana</b> <b>(cal) 836 (Na) 644</b>	<b>Salisbury Steak with Gravy</b> <b>Carrots</b> <b>Steamed Rice</b> <b>Dinner Roll</b> <b>Pudding</b> <b>(cal) 790 (Na) 776</b>	<b>Kotleti</b> <b>Chicken Patty with Gravy</b> <b>Roast Beets and Baked Potato</b> <b>Whole Grain Bread</b> <b>Orange</b> <b>(cal) 1012 (Na) 861</b>	<b>Garden Salad with Salmon Salad</b> <b>Italian Dressing</b> <b>Potato Salad</b> <b>Challah Bread</b> <b>Jello</b>
Monday 22nd	Tuesday 23rd	Wednesday 24th	Thursday 25th	Friday 26th
<b>Roast Beef Wrap w/ lettuce tomato</b> <b>Pasta Salad</b> <b>Dinner Roll</b> <b>Fruit Cup</b> <b>(cal) 838 (Na) 1180</b>	<b>Herb Salmon w/ Lemon Sauce</b> <b>Mashed Sweet Potato</b> <b>Roast Peppers</b> <b>Whole Grain Bread</b> <b>Peaches</b> <b>(cal) 788 (Na) 482</b>	<b>Vegetarian Chili</b> <b>Broccoli</b> <b>Dinner Roll</b> <b>Banana</b> <b>(cal) 711 (Na) 1142</b>	<b>Meatball Stroganoff</b> <b>Mashed Potato</b> <b>Steamed Carrots</b> <b>Whole Grain Bread</b> <b>Orange</b> <b>(cal) 714 (Na) 1056</b>	<b>Chicken Schnitzel / Gravy</b> <b>Steamed Rice</b> <b>Braised Cabbage</b> <b>Dinner Roll</b> <b>Challah Bread</b> <b>(cal) 810 (Na) 886</b>
Monday 29th	Tuesday 30th	Wednesday 31st		
<b>Memorial Day</b>	<b>Pasta and Meat sauce</b> <b>Roasted Tomatoes</b> <b>Whole Grain Bread</b> <b>Fruit Cup</b> <b>(cal) 861 (Na) 965</b>	<b>Chicken Kiev /Gravy</b> <b>Roast Potato</b> <b>Asparagus</b> <b>Dinner Roll</b> <b>Pear</b> <b>(cal) 709 (Na) 931</b>		