

Kosher Menu

September

Monday	Tuesday	Wednesday	Thursday	Friday 1st
				Blueberry Blintz Blueberry Sauce Home fries, Peppers and Onions Veggie Patties Challah Bread Fruit Cup (cal) 956 (Na) 1162
Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
Labor Day	Beef Kabob Roast Vegetables Rice Pilaf Whole Grain Bread Cake (cal) 762 (Na) 716	Chicken Pesto Spinach Roast Potato Dinner Roll Jello (cal) 713 (Na) 922	Herb Salmon w/ Lemon Sauce Mashed Sweet Potato Roast Peppers Whole Grain Bread Peaches (cal) 788 (Na) 482	Beef Pelmini Caramelized Onions Stewed Tomato Challah Bread Fruit Cup (cal) 775 (Na) 668
Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th	Friday 15th
Beef Knish Kasha Vanishka Broccoli Dinner Roll Apple Sauce (cal) 1019 (Na) 713	Rotisserie Chicken W/Gravy Baked Sweet Potato Summer Squash Whole Grain Bread Banana (cal) 836 (Na) 644	Pasta and Meat sauce Roasted Tomato Dinner Roll Cake (cal) 762 (Na) 652	Kotleti Chicken Patty with Gravy Roast Beets and Baked Potato Whole Grain Bread Orange (cal) 1012 (Na) 861	Rosh Hashanah Apple Stuffed Chicken Potato Kugel and Carrots Challah Bread Pudding (cal) 918 (Na) 1025
Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd
Beef Stroganoff Egg Noodles Steamed Peas Peaches Dinner Roll (cal) 718 (Na) 672	Chicken Marsala Baked Potato Steamed Carrots Whole Grain Bread Pears (cal) 730 (Na) 594	Vegetarian Chili Broccoli Dinner Roll Cake (cal) 702 (Na) 1013	Chicken Schnitzel / Gravy Steamed Rice Braised Cabbage Whole Grain Bread Banana (cal) 922 (Na) 1047	Baked Cod Mashed Potato Roast Zucchini Challah Bread Fruit Cup (cal) 726 (Na) 1052
Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28th	Friday 29th
Apricot Chicken Roast Potato Asparagus Dinner Roll Pear (cal) 701 (Na) 947	Cod Cakes Roast Tomato Mashed Potato Whole Grain Bread Brownie (cal) 957 (Na) 851	Beef and Macaroni Steamed Broccoli Dinner Roll Cake (cal) 776 (Na) 768	Chicken Stir Fry Basmati Rice Green Beans Whole Grain Bread Banana (cal) 724 (Na) 419	Vegetable Quiche Homefries Steamed Spinach Challah Bread Peaches (cal) 718 (Na) 734