

Russian Menu

April

Monday 1st	Tuesday 2nd	Wednesday 3rd	Thursday 4th	Friday 5th
Chicken Piroshki Braised Cabbage Potato Pancake Pear Dinner Roll Milk (cal) 895 (Na) 1006	Meatball Stroganoff Egg Noodles Steamed Carrots Fruit Cup Whole Grain Bread Milk (cal) 841 (Na) 753	Herb Crusted Tilapia Squash Medley Steamed Rice Pound Cake Dinner Roll Milk (cal) 765 (Na) 698	Pasta Primavera w/ Veggie Crumble Roast Broccoli Chocolate Macaroon Whole Grain Bread Milk (cal) 910 (Na) 876	Kotleti (Chicken Patty with Gravy) Roast Beets Baked Sweet Potato Orange Dinner Roll Milk (cal) 1117 (Na) 986
Monday 8th	Tuesday 9th	Wednesday 10th	Thursday 11th	Friday 12th
Cod Cakes w/ Lemon Sauce Rice Pilaf Asparagus Apple Sauce Dinner Roll Milk (cal) 832 (Na) 825	Apple Stuffed Chicken Baked Potato Peas and Onions Pineapple Whole Grain Bread Milk (cal) 804 (Na) 674	Beef and Macaroni Steamed Cauliflower Marble Cake Dinner Roll Milk (cal) 918 (Na) 883	Rotisserie Chicken Vegetable Potato Medley Cookie Whole Grain Bread Milk (cal) 725 (Na) 554	Beef Pelmini Caramelized Onion and Mushrooms Roast Potato Fruit Cup Dinner Roll Milk (cal) 995 (Na) 873
Monday 15th	Tuesday 16th	Wednesday 17th	Thursday 18th	Friday 19th
Patriots Day	Chicken Schnitzel with Gravy Sweet Potato Steamed Broccoli Jello Whole Grain Bread Milk (cal) 868 (Na) 741	Cheese Blintz w/ Blueberry Sauce Home Fries Veggie Sausage Peaches Dinner Roll Milk (cal) 832 (Na) 1016	Meatloaf with Gravy Mashed Potato Green Beans Banana Whole Grain Bread Milk (cal) 862 (Na) 621	Chicken Kiev Roast Beets Rice Pilaf Clementine Dinner Roll Milk (cal) 766 (Na) 892
Monday 22nd	Tuesday 23rd	Wednesday 24th	Thursday 25th	Friday 26th
Red Wine Brisket Baked Potato Carrots Pudding Dinner Roll Milk (cal) 909 (Na) 626	Herb Roast Chicken Asparagus Potato Latkes Mixed Fruit Whole Grain Bread Milk (cal) 714 (Na) 1360	Stuffed Cabbage Spinach Sweet Potato Jello Dinner Roll Milk (cal) 707 (Na) 1089	Dill Poached Salmon Roast Potato Steamed Carrots Orange Whole Grain Bread Milk (cal) 949 (Na) 1048	Apricot Chicken Steamed Rice Roast Tomato Cake Dinner Roll Milk (cal) 907 (Na) 1084
Monday 29th	Tuesday 30th	Wednesday	Thursday	Friday
Beef Stroganoff Egg Noodles Butternut Squash Pineapple Dinner Roll Milk (cal) 918 (Na) 719	Baked Haddock Roast Potato Broccoli Cookie Whole Grain Bread Milk (cal) 677 (Na) 750			
