2013 TWO-YR. PLANNER 2015

Dear Friends:

We've been feeling inspired by some airborne crafts these days, particularly the elegant hot air balloon. The slow and steady rise of the balloon, borne by what surrounds it, has felt like an accurate metaphor for the work of Mystic Valley Elder Services this year.

As you'll see, all of our numbers are steadily rising: we are serving more meals, working with more community members, answering more phone calls, expanding our services, and raising more money to help elders without resources.

And, of course, we're doing it all because our community = you = bear us on your shoulders, coming together to celebrate independence, interdependence, dignity, and wellbeing . . . for everyone



PERSONAL INFORMATION

If lost, return to:	
Phone: E	mail:
Emergency Numbers	
Physician:	
Phone:	
Care Manager:	
Phone:	
In Case of Emergenc	y, Please Contact:
Phone:	A SUPER PROPERTY OF THE PROPER
Medical Conditions or Allergies of Note:	FIND WHAT IOU NEED TO LIVE THE WAY YOU WANT

December 2013

					-TT	
SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5 Chanukah ends	6	7 Pearl Harbor Day
8	9	10	11	12	13	14 231st birthday of the hot air balloor
15	16	17 LGBT Mystic Tea	18	19	20	21 Winter Solstice
22	23	24 Christmas Eve Agency open A.M.	25 Christmas Day Agency closed.	26 Kwanzaa begins	27	28
29	30	31 New Year's Eve	our eigh	1 people of	nities.	
			8,500 r balloon	d take ned really big s to get th off the gro	hot air vat many	,

1111
The supple

No. 1 Victor
Ne
ALL SHIP

Mystic Valley Elder Services was founded by eight communities that came together to prioritize the needs of older adults and adults living with disabilities. These communities continue to buoy us up through essential volunteer leadership and financial contributions.

City of Everett
City of Malden
City of Medford
City of Melrose

Town of North Reading
Town of Reading
Town of Stoneham
Town of Wakefield

* Don't miss Bellyful of Lauphs, Jan. 25th at 7pm at Anthony's in Malden.

2012 6 2013

BOARD OF

Everett

Marjorie E. Baldassarre Christine E. Falzarano Carolyn E. Lightburn, President Jon E. Norton

Malden

Jeanne L. Benoit Neicei C. Degen Joseph F. Lawless Cindy Chu Young Porter Virginia Ruane

Medford

Janice Donatelli Joseph E. Mahoney (deceased) Neil Osborne Karen Rose Dorothy Elizabeth Tucker Judy Whatley, Vice President

Melrose

Dawn Folopoulos Iames E. Oosterman Mary Sexton

North Reading

Michele Mawn Mary S. Prenney, Clerk Joseph Veno

Reading

Iane Burns Bill Hecht, Sr. Rheta C. McKinley

Stoneham

Maureen Canova Gene J. Ferullo, Treasurer Janice T. Houghton

Wakefield

Kathleen Beaulieu Ann J. Doherty Ellen R. Meehan

Honorary Directors

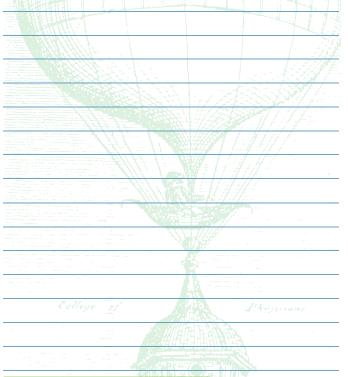
Lorna Knapp • Edith O'Leary • Marion Whiting

January 2014

	SUN	MON	TUES	WED	THURS	FRI	SAT
	Pell OF	Y 11	IS	New Year's Day Agency closed.	2	3	4
A nig	ht of comedy at s on Wheels. Ad	RY 25, Anthony's in Malimission \$40. Ticl 24-7705. Doors of	2014 den to benefit kets available				
	5	6	7	8	9	10	11
	12	13	14 Eid Milad ul-Nabi	15	16	17	18
	19	20 Dr. ML King Day Agency closed.	21 LGBT Mystic Tea at 4 _{PM}	22	23	24	25 Bellyful of Laughs, 7 _{PM}
	26	27	28	29	30	31 Chinese New Year.	

February 2014

			34	1.1		
SUN		TUES				SAT
	Our le council towns and be teen of	the shooard of represent in the public four board or above.	directory must all end Mystic must and privile must and privil	rs and eight cit Vallev	advisory ies and region,	I National Freedom Day/ Anniv. of the 13th Amendment
2 Groundhog Day	3	4 Rosa Parks Day	5	6	7	8
9	10	11	12	13	14 Valentine's Day	15
16	17	18	19	20	21	22
	1	LGBT Mystic Tea at 4 _{PM}				
23	24	25	26	27	28	



ADVISORY COUNCIL

Senator Katherine Clark Richard Doherty Alfred Donatelli Mary Edwards Elizabeth A. Hart, *Chair* Sally Hoyt 2012 6 2013

Mei Hung Lillian Johnston Sylena Keeping Gloria Mastro Ida Reppucci Karen Rose, *Board Liaison*



March 2014

SUN	MON	TUES	WED	THURS	FRI	SAT
	of	the tele	ephone,	n Bell, also int	vented a	1
		periment.	s in mann	ne of the 1ed flight. 8 feet int	In 1907	
2	3	4 Mardi Gras	5	6	7	8
9 Daylight Saving Time begins (spring forward)	10	11	12	13	14	15
16 Purim	17 St. Patrick's Day/ Evacuation Day	18 LGBT Mystic Tea at 4 _{PM}	19	20 Spring Equinox	21	22
23	24	25	26	27	28	29
30	31					

A • T	
April	2014
4	

TUES

WED

THURS

FRI

SAT

MON

SUN

e	balloons vehicles them	1	2	3	4 Red Sox first home game	5	
ere they	land to they can ne.						
6	7	8	9	10	11	12	
13 Palm Sunday	14	15 Passover begins Tax Day LGBT Mystic Tea at 4PM	16 Emancipation	17	18 Good Friday	19	
		at 4PM					
20 Easter	21 Patriots Day Agency closed.	22 Passover ends	23	24	25	26	
27	28	29	30	tions C	allahorat	tre Transive does to older adu. bital: mawhat the to reture to succee	ho

2012-2013 **D**(

July 1, 2012 to June 30, 2013

Stewards (\$5,000 and more)

ABC Home Healthcare Professionals Agero, Inc. Anonymous BJ's Charitable Foundation Charles F. Bacon Trust The Boit Home, Inc. The Adelaide Breed Bayrd Foundation Bushrod H. Campbell & Adah F. Hall Charity Fund Comcast Eagle Bank East Boston Charitable Foundation, Inc.

Eastern Bank Charitable Foundation The Ella Fitzgerald Charitable Foundation Estate of Frances L. Hare The Howard C. Connor Charitable Foundation Intercity Home Care/ Intercity Community Care John and Wendy Pereira Katharine C. Pierce Trust Malden Industrial Aid Society Malden Taxi One World Boston, A Cummings Foundation **Affiliate**

The Piccolo Family Charitable Foundation, Inc.

8pm. (Cock	stail partu	y for spon	sovs begins	at 6:30pm	۸)
		6			
		70		, E	

garden

May 31, 2014

A performance at Stoneham Theatre to benefit elders without resources. Tickets start at \$50. Call 781-324-7705 or visit www.mves.org

May 2014

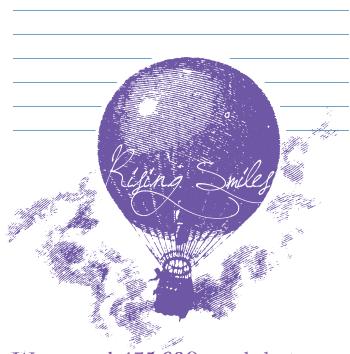
				CI y		
SUN	MON	TUES	WED	THURS	FRI	SAT
	🦊 it woul	speed of d take you tour the 59	about six 9.4 square	1	2	3
by hot	alley Elder air balloo ou pass ov	Services co on. Be sure	mmunity e to wave			
4	5 Cinco de Mayo	6	7	8	9	10
11 Mothers' Day	12	13	14	15	16	17
18	19	20 LGBT Mystic Tea at 4 _{PM}	21	22	23	24
25	26 Memorial Day Agency closed.	27	28	29	30	31 The Secret Garden, 8pm

June 2014

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6 D-Day	7
8 Pentecost	9	10	11	12	13	14 Flag Day
15 Fathers' Day	16	17 Bunker Hill Day LGBT Mystic Tea at 4PM	18	19 Juneteenth	20	21 Summer Solstice
22	23	24	25	26	27	28
29	30	Fach m	eal come	s with 8	og of	

Each meal comes with 8 oz. of milk, which means we served 3.8 million ounces—29,726 gallons—of milk last year. An average hot air balloon uses 30 gallons of propane an hour. If milk could power hot air balloons, we'd be in Australia by now.





We served 475,630 meals last year: 158,543 were shared with friends in our fifteen senior dining sites and the rest were delivered with a smile by our 30 Meals on Wheels drivers.



Stewards (\$5,000 and more), continued.

StonehamBank Supportive Care, Inc. Tufts Health Plan Foundation

Partners

(\$1,000 to \$4,999)
Anthony's of Malden
Associated Home Care, Inc.
Best Home Care N' More, Inc.
Butlers & Bars
Cambridge Health Alliance
Comcast, Dispatch Team
of Malden
Commonwealth Care Alliance
Patrick G. Curley,
Curley Law Firm LLP

Neicei C. Degen Alfred and Janice Donatelli The John Donnelly Trust Everett Foundation for Aged Persons, Inc.

Richard DeAngelis

Give with Liberty/Liberty Mutual Bill and Olive Hecht, Sr. Home Instead Senior Care Irving Oil Charitable Foundation Lindley Food Service Corporation Market Basket Marriott International Sales Office of the North East Medford Council on Aging Medford Health Matters Alexander and Rosemary Melanson Melrose Cooperative Bank Midtown Home Health Services, Inc. Morgan, Brown & Joy, LLP Multicultural Home Care, Inc. North Suburban Community Health Alliance Northern Bank and Trust Company People's United Bank Preotle, Lane & Associates Ltd.

Geek Speak Solutions

July 2014

				•		11
SUN	MON	TUES	WED	THURS	FRI	SAT
D	A hot air balloon pilot's in-	1	2	3	4 Independence Day Agency closed.	5
mpass,	struments include a an altime-					
; and a	variometer.					
6	7	8	9	10	11	12
13	14	15 LGBT Mystic Tea at 4 _{PM}	16	17	18	19
20	21	22	23	24	25	26
27	28	29 Eid al-Fitr Ramadan ends	30	31	agers vis	r care ma it comm nbers, the
					instrume unbiased	nts inclu ' inform pertise, at

August 2014

				1		
SUN	MON	TUES	WED	THURS	FRI	SAT
ind in i but we i		the cham l post-ball	pagne the looning p	at you'd icnics,	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	Art class 19 regis-	20	21	22	23
1/	10	LGBT Mystic Tea at 4pm		Senior Citizens Day		23
24	25	26	27	28	29	30
31						

*Don't forpet to enter your original artwork in our 13th annual senior art exhibition, or register for our workshops! Visit our website for Jetails.
Riging Reach
Brand new programs are sup- porting traditionally underserved older adults and adults living with
disabilities: The monthly Mystic Tea welcomes esbian, gay, bisexual, and transgender members of
he senior community to break bread and build a supportive ocial network. Our expanded Chinese meal program now
offers traditionally prepared meals delivered to the homes of Meals on Wheels participants in Malden every weekday.
Elders in Medford and Wakefield who lack financial resourc- s now have additional supports with the Medford Food
Pantry and the Elizabeth E. Boit Fund.

ART+experience

is Mystic Valley's only regional celebration of seniors in the arts!

Join Mystic Valley Elder Services every September for a monthlong senior art exhibition, workshops (painting, drawing, photography, memoir, and poetry), and reading and reception to celebrate and renew our commitment to creative expression.

September 2014

1	1
Labor Day Agency closed. Representation Represent	SAT
14 15 16 17 18 19 20 21 22 23 24 25 26 27	6
Grandparents' Day 14 15 16 LGBT Mystic Tea at 4PM 21 22 23 24 25 26 27	
21 22 23 24 25 26 27	13
21 22 23 24 25 26 27	
	20
	27
	27
28 29 30 ART+ There's something in a flying h	

-William Wordsworth

October 2014

		(September 1)			
SUN MON	TUES	WED	THURS	FRI	SAT
to ride in	t woman n a hot air as a French	1	2	3	4 Yom Kippur
opera.	singer who				
gave	a two-song				
n perjor	a two-song mance just fter lift-off.				
5 Eid al-Adha	7	8	9	10	11
13 Columb Di Indigenc People's I Agency close	Davl	15	16	17	18
20	21	22	23 Diwali	24	25 Muharram
	LGBT Mystic Tea at 4 _{PM}		Diwaii		Mulaitaii
27	28	29	30	31	
				~	
					- \

Professional Profiles, Inc. John and Beverly Reilly Ralph and Arlene Reinherz Rockland Trust Francis Ruane and Lucy Grant-Ruane/ Ouarters Hardware, Inc. The Savings Bank Claire and Bernard Schecter Memorial Fund Schwab Charitable Fund Senior Whole Health, LLC Sovereign Bank Foundation Sterling Printing The Thursday Fortnightly Club TSB Charitable Foundation, Inc. Walmart Foundation Winchester Savings Bank

Friends (\$100 to \$999)
William and Christine Accomando
Helen Adelman
All Care Resources, Inc.

Partners (\$1,000 to \$4,999), continued.

Donald Alunni Carl Anderson Charles Anderson Andy Boy Anodyne Homemaker Services, Corp. Ansaphone, Inc. Arbella Insurance Group Charitable Foundation, Inc. Marguerite Arrigo Marjorie Baldassarre Nancy Ballantyne Bank of America Matching Gifts Greta Barresi Christopher J. Barrett, Realtors George Barrett and Elaine DeHart Stephen and Janice Barry Kathleen Beaulieu The Beeman Revocable Trust Jeanne L. Benoit Ralph and Ellen Benson Gail Berg John and Bette Bernard Bob's Discount Furniture Charitable Foundation

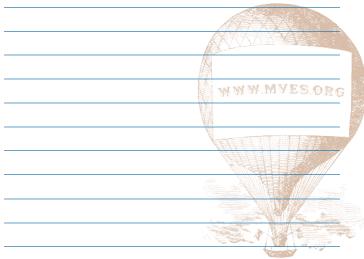
LGBTMystic Tea a monthly social for Lesbian, Gay, Bisexual, & Transgender Seniors Third Tuesday of every month at Mystic Valley Elder Services. Reservations encouraged. Mystic Valley Elder Services 781-388-2375 or vpoole@mves.org www.mves.org/LGBT

November 2014

			具里 具			
SUN	MON	TUES	WED	THURS	FRI	SAT
	may h in tha million	est hot air b ave only be t time we'd n meals to o disabilities.	een aroun ve manag	d since 1 ed to del	975, but iver 12.5	
2 Daylight Saving Time ends (fall back)	3	4 Election Day	5	6	7	8
9	10	11 Veterans Day Agency closed.	12	13	14	15
	1.7	10	10			
16	17	18 LGBT Mystic Tea at 4 _{PM}	19	20	21	22
23	24	25	26 World altitude record for a hot air balloon is set (68,986 ft)	27 Thanksgiving Day Agency closed.	28	29
30 Advent begins						

December 2014

SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	1.1	12	12
earl Harbor Day	ŏ	9	10	11	12	13
14	15	16 LGBT Mystic Tea	17 Chanukah begins	18	19	20
21 Winter Solstice	22	23	24	25 Christmas Day Agency closed.	26 Kwanzaa begins	27
28	29	30	31 New Year's Eve	15 minu balloon. to launc	tes to laun It took us j h a brand	crew abor cch a hot a four mont new agen
				with 85 and resoi	it www.m pages of s irces, we th alloon ride	informatio hink our si



Friends (\$100 to \$999), continued.

Gregory and Patricia Bonetti Bose Corporation Charitable Fund Arthur Bourgoin Peter Bovio and Anita Chan-Bovio Shawn Brady and Barbara Scott Maureen Breslin Buckley Brothers, Inc. Leon and Rozalie Budilovsky Nelson and Rita Burbank Andrea Burke Jane Burns Cafeteria Plan Advisors Jerome and Gail Cannon Stephen and Maureen Canova Caregiver Homes of MA, Inc. Edward and Joan Cassidy Cataldo Ambulance Service, Inc. Century Bank Charm Medical Supply Frances Cheney Kenneth Cheung Socorro Ching

Church of the Good Shepherd, Episcopal of Reading Frances Ciavarro Nicholas Ciccone City Express, Inc. Senator Katherine Clark CleanTech Systems, Inc. Beverly Cleathero Carolyn Collins Deanne Colwell and Denise Serrecchia The Community Family John and Viola Confalone John and Sally Crist Mark Curry Dorothea Ćurtin Robert and Marjorie Dearth DeJesus Charitable Foundation Dello Russo Funeral Service DeMarco Produce/Rosebud Farms Mayor Carlo DeMaria, Jr. Jane Desforges Joseph DiMattia Dorothy Dingee

Fiscal Year 2013 Financial Statement

July 1, 2012 to June 30, 2013

Assets

Cash	\$3,566,996
Accounts Receivable	\$4,251,270
Fixed Assets	\$253,229
Other Assets	\$222,044

Total Assets.....\$8,293,539

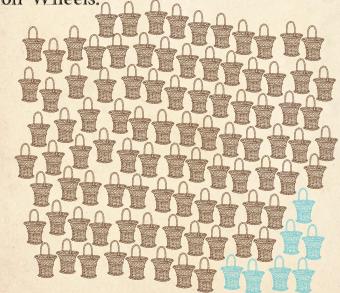
Liabilities and Net Assets

Current Liabilities.	\$4,130,169
Unrestricted Net Assets	
Permanently Restricted Assets	

Total Liabilities and Net Assets....\$8,293,539

Ninety-three percent of our agency resources goes directly to services for older adults, adults living with disabilities, and caregivers residing in Everett, Malden, Medford, Melrose, North Reading, Reading, Stoneham, and Wakefield.

Seven percent of revenue supports our administrative and managerial teams, as well as our efforts to raise funds to pay for critical programs such as Meals on Wheels.



	Program Services	Administration	Fundraising	TOTALS
		& Management		
rederal & state runding	\$28,620,255	\$0	\$0	\$28,620,255
Contributions from elders and adults				
living with disabilities receiving services	\$928,664	\$0	\$0	\$958,664
Individual contributions and grants	\$173,547	\$10,442	\$1,146,062	\$1,330,051
Other income	\$2,412,165	\$59,951	\$75,950	\$2,548,067
Investment income	\$0	\$4,667	\$4,483	\$9,150
	Total revenue:	Total revenue:	Total revenue:	Total revenue:
	\$32,164,631	\$75,060	\$1,229,496	\$33,466,187

REVENUE

STATEMENT OF REVENUE AND EXPENSES July 1, 2012 to June 30, 2013

STATEMENT OF REVENUE AND EXPENSES July 1, 2012 to June 30, 2013

EXPENSES

	Program Services	Administration & Management	Fundraising	TOTALS
Client services expenditures	\$22,359,587	\$0	\$0	\$22,359,587
Employee compensation	\$ 6,567,945	\$1,151,563	\$27,853	\$7,747,361
Other costs	\$1,437,560	\$ 361,527	\$51,143	\$1,850,230
***	Total expenses: \$30,365,092	Total expenses: \$1,513,090	Total expenses: \$78,996	Total agency expenses: \$31,957,178
2013 net surplus/(deficit)	\$1,799,539	(\$ 1,438,030)	\$1,147,500	\$1,509,009
2012 net surplus/(deficit)	\$835,109	(\$1,412,180)	\$227,673	\$(349,398)

	Welcome to the 40th anniversary year of	
	MYSTIC VALLEY ELDER SERVICES 1975 to 2015	
- i	// W 20/2	-630
		4
	OF LAUGHS	
	JANUARY 2015	
Save to	he date for a night of comedy to benefit Meals on ω	heels,

January 2015

		S		- J		A •
SUN	MON	TUES	WED	THURS	FRI	SAT
veep lau ht up to	1964 film hert and I gh so hear o the ceiling aking the te	tily that i like	Poppins, Chimney they float	1 New Year's Day Agency closed.	2	3 Eid Milad ul-Nab
vice wit	th them.) B		
4	5	6	7	8	9	10
11	12	13	14	15 1991: Longest hot air balloon flight, Japan to Canada	16	17
18	19 Dr. ML King Day Agency closed.	20 LGBT Mystic Tea at 4PM	21	22	23	24
25	26	27	28	29	30	31

February 2015

SUN	MON	TUES	WED	THURS	FRI	SAT
National I Freedom Day/ Anniv. of the 13th Amendment	2	3	4 Rosa Parks Day	5	6	7
8	9	10	11	12	13	14 Valentine's Day
1.5	16	1.7	10	1.0	20	21
15	16 Presidents' Day Agency closed.	17 Mardi Gras LGBT Mystic Tea at 4 _{PM}		19 Chinese New Year	20	21
22	23	24	25	26	27	28
AT STORY						

The first hot air balloon pilot was French. If he called us for some assistance, we'd be able to take his call, as well as calls from folks speaking Belorussian, Cantonese, Dutch, German, Haitian Creole, Italian, Lugandan, Mandarin, Polish, Portuguese, Russian, Spanish, Toisanese, Ukrainian, and Vietnamese, (But he probably won't call, since he died in 1785.)

Friends (\$100 to \$999), continued.

Joe and Jeannette Fitzgerald/ Richard and Ann Doherty Andrew and Mary Dolben Delia Donatelli Representative Paul Donato Dorn Equipment Corporation Steve and Cathy Doucet/ Doucet Remodeling & Design Sheila Driscoll Paul and Eleanor Dustin Gertrude Eckert Mary Edwards Elder Services of the Merrimack Valley, Inc. James Ernstmeyer Everett Co-operative Bank Excelsior Realty Group Representative Christopher Fallon Christine F. Falzarano Joan Feeney John and Diane Marie Felci Philip and Sharon Ferraguto Griswold Home Care Generoso and Ida Ferullo James and Diane Guiry Michael and Sandy Festa

Motor Parts Sales, Inc. Chris and Dawn Folopoulos Karen Fontaine Laurence Foster Don Freedman Alphonse Frezza Earl Fulmer Future of Dentistry Sylvia Gallant Garrett-Lynch Insurance Agency, Inc. Sandra Gasbarro Paul Giannelli Donald Gill **Julie Gillcrist** Iim Gillis James and Tammy Gillis Frank and Deborah Giso Pauline Gittins Thomas and Mary Glynn Greater Lynn Senior Services, Inc.

March 2015

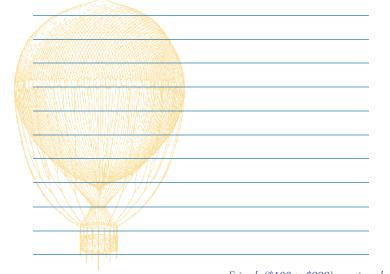
SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5 Purim	6	7
8 Daylight Saving Time begins (spring forward)	9	10	11	12	13	14
15	16	17 Patrick's Day Evacuation Day LGBT Mystic Tea at 4 _{PM}	18	19	20 Spring Equinox	21
22	23	24	25	26	27	28
29 Palm Sunday	30	31			tures to to balloon duck, a c a sheep, We susp	living creative a hot a living creative were hicken, an in 1785 pect they

home, too.

We connected 4,099 older adults & adults living with disabilities to home care services, care coordination, adult day health programs, and other critical services last year—because we know that, when well supported, most people prefer to live at home, in their own communities.

April 2015

85 hot ai ilots bega ossed everyi e balloon,	in losing thing they	WED 1	THURS 2	FRI 3	SAT 4
ilots bega ossed everyi e balloon,	in losing thing they	1	2	3	4
e balloon, .				Good Friday	Passover begins
ney may ha	including ve landed				
ly their	under-				
6	7	8	9	10	11 Passover ends
13	14	15 Tax Day	16	17	18
20 Patriots Day Agency closed.	21 LGBT Mystic Tea at 4 _{PM}	22	23	24	25
27	28	29	30	proach? The doub that all person of the pers	to our a The benefit t: we belive people are to n their ou d that th
	6 13 20 Patriots Day Agency closed.	hey landed safely. 6 7 13 14 20 21 Patriots Day Agency closed. LGBT Mystic Tea at 4mm	pey landed safely. 6 7 8 13 14 15 Tax Day 20 Patriots Day Agency closed. LGBT Mystic Tea At 4PM	bey landed safely. 6 7 8 9 13 14 15 Tax Day 16 20 Patriots Day Agency closed. LGBT Mystic Tea Agency closed. 22 23	pey landed safely. 6 7 8 9 10 13 14 15 Tax Day 16 17 20 21 LGBT Mystic Tea at 4mm 27 28 29 30 Critical proach? In the doub that all pexperts of the doub



Friends (\$100 to \$999), continued.

H P Cookie Company Kathleen Habeeb Kenneth and Diane Habich Richard and Kathleen Hahn Gary and Lynn Hale Richard and Robert Hale Karen Hampton Harbor Pacific Restaurant Iane Harlow David Haynes and Rachelle Shapiro Magill William Healey Helping Hands of America George Hickey Edward and Laura Hodgin Hoff's Bakery Janice T. Houghton How's Work, Inc. Brendan and Sally Hoyt Inco Properties, Inc. Gary Ingram and Cathleen Sprague Ipswich Clambake The Irish American Club

William Jackson Helen Jameson Robert and Lisa Jamison Senator Patricia Jehlen and Alain Jehlen David and Joyce Jeong Johnny and Lisa Jimenez Preston Johnson Elliot and Donna Katzman William Keefe Gayle Kelley Kimberly Kelly David Kelston/Kelston Law Office P.C. Keurig, Inc. Steven and Robert Kilpatrick Philip Kluge Bing Ko Wallace and Claretta Kountze Stanley Kramer Kathy Kratz Alex Lam Joanne Lambert John and Mary Ann Lape Joseph F. and Frances Lawless

Rising Impact We made sure that 474 older adults and adults living with dis-abilities were able to access special services such as mental health counseling, financial counseling, small necessity purchases, and transportation, even when there was no government funding.

May 2015

				a Ca y		
SUN	MON	TUES	WED	THURS	FRI	SAT
22,180.3 transporti were maa	ar, comm miles us ation prog le in autor	ring our s gram. Lu nobiles: in	self-guide ckily, th 1 a hot	ed TRIP	1	2
	n, it woul cht days to					
3	4	5 Cinco de Mayo	6	7	8	9
10 Mothers' Day	11	12	13	14	15	16
17	18	19 LGBT Mystic Tea at 4 _{PM}	20	21	22	23
24 Pentecost	25 Memorial Day Agency closed.	26	27	28	29	30
31						

June 2015

SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6 D-Day
7	8	9	10	11	12	13
14 Flag Day	15	16 LGBT Mystic Tea at 4 _{PM}	17 Bunker Hill Day	18 Ramadan begins	19 Juneteenth	20
21 Fathers' Day Summer Solstice	22	23	24	25	26	27
28	29	30	Picard b woman a hot air set a wor record of	, Jeannette licensed to balloon, men's altit f 10.9 mil est flight, s r husbana turtle, Fl	first pilot and ude	

Friends(\$100 to \$999), continued.

Alma Leafquist Kathy-Elise Learned Jim and Carolyn E. Lightburn Listino's Produce Hugh and Elizabeth Logue Russell and Patricia Lovaas Barbara Lynch Frances MacCollum Kenneth and Amy MacNulty Louis Maglione Lois Mahoney Anne Mark William and Joan-Anne Marshall Gloria Mastro Peter and Michele Mawn James and Doris McAvoy Paul and Carolyn McCluskey McDonough's Liquors Medford Arts Council Melrose Glass Company, Inc. Melrose Symphony Orchestra Patricia McCorry Charles McDonald

Robert McDonough and Elizabeth Kalogeros Janice McGilvery John and M. Helen McGlynn Sandra McGrath Charles and Lenore McKinley Rheta C. McKinley John and Constance McLaughlin Warren R. McManus Karen McMaster Richard and Josephine McWilliams Ellen Meehan Metropolitan Home Health Services, Inc. Charles Milano Miter Biter Frame Company Carl Mockler Joseph and Patricia Molloy Robert and Cynthia Morriss Patricia Murphy William Myers Margaret Napolitano Kenneth and Susan Neal



Volunteer Reading Partners provided 973 schoolchildren with one-on-one and group support to increase literacy and reading comprehension. The year before, 750 schoolchildren benefited; that's program growth of 30%.

July 2015

SUN	MON	TUES	WED	THURS	FRI	SAT
their time nity by rus serving m ing critica tasks. Th	e with the nning food eals, and al behind- peir on-t	also share e commu- d pantries, perform- the-scenes he-ground	1	2	3 Independence Day observed Agency closed.	4 Independence Day
work keep	s our imp	act rising.				
5	6	7	8	9	10	11
12	13	14	15	16	17	18 Eid al-Fitr Ramadan ends
19	20	21 LGBT Mystic Tea at 4PM	22	23	24	25
26	27	28	29	30	31	A

August 2015

SUN	MON	TUES	WED	THUR	S FRI	SAT		
	Ma ho c he	4, Joe Kittin ine to Italy ot air balloo members a ommunity n alth care setu itic Ocean 7-	in the first on flight. Irove 261, nembers in tings. That	t solo tr In 201, 000 m n their	cansatlantic 3, our staff iles to visit homes and	1		
2	3	4	5	6	7	8		
9	10	11	12 1960: Echo 1, the space first satellite balloon, launched	13	14	15		
16	17	artwork accepte Art class 18 regis-		20	21	22		
10	1/	T Tration begins LGBT Mystic Tea at 4pm	19	20	Z I Senior Citizens Day	22		
23	24	25	26	27	28	29		
30	31							

Friends (\$100 to \$999), continued.

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During	
During the U.S. Civil War,	
both sides used hot air bal-	l d
stealthy move, the Union used a spy bal-	4
loon that had a 40-foot-wide portrait of	
both sides used hot air bal- loons as spy crafts. In a particularly stealthy move, the Union used a spy bal- loon that had a 40-foot-wide portrait of General George McClellan suspended from the beak of an eagle painted on the side.	
on the side.	V.

We understand taking that kind of pride in what you do: that's why we put our name (and our brand new logo) on everything we do. (We would make terrible spies.) It keeps us accountable—to our community, to our donors, and to ourselves. You should always be proud to be associated with Mystic Valley Elder Services.

September 2015

		<u> </u>				7.1
SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2 ART+ experience reception, 11 _{AM}	3	4	5
6	Z Labor Day Agency closed.	8	9	10	11	12
13	14	15	16	17	18	19
irandparents' Day	Rosh Hashana	LGBT Mystic Tea at 4pm				
20	21	22 Emancipation Day	23 Yom Kippur Autumn Equinox	24 Eid al-Adha	25	26
27	28	29 ART+ experience closing salon, 4PM	30	į		

October 2015

		,		.1		
SUN	MON	TUES	WED	THURS	FRI	SA
ot air ba	l of Oz rei lloon, but	it's Dorot	thy Gayle	1	2	3
e home.	e best line: That's wi be more i	by we do	what we			
r heels th	ree times,	but it's w	orth it!)			
4	5	6	7	8	9	10
11	12 Columbus Day/ Indigenous People's Day Agency closed.	13	14	15 Muharram	16	17
18	19	20 LGBT Mystic Tea at 4 _{PM}	21	22	23	24
25	26	27	20	20	20	2.1
25	26	27	28	29	30	31 Hallowe

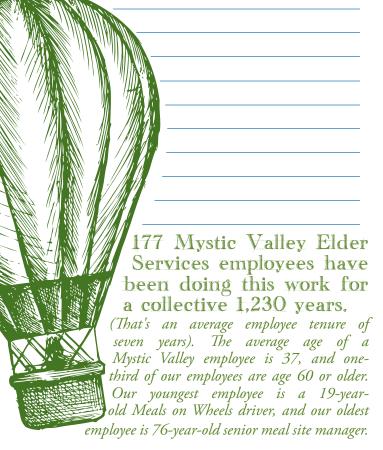


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November 2015

				former!	
MON	TUES	WED	THURS	FRI	SAT
2	3	4	5	6	7
9	10	11 Diwali Veterans Day Agency closed.	12	13	14
16	17 LGBT Mystic Tea at 4 _{PM}	18	19	20	21
23	24	25		27	28
			Agonoy dioced.		Į
30	you feel	like the or	nly person	in the	
	9 16 23	MON TUES 2 3 9 10 16 17 LGBT Mystic Tea at 4-m 23 24 30 A hot air you feel	MON TUES WED 2 3 4 9 10 11 Diwali Veterans Day Agency closed. 16 17 18 LGBT Mystic Tea at 4m 18 23 24 25 30 A hot air balloon you feel like the on you feel like the on	MON TUES WED THURS 2 3 4 5 9 10 11 Diwali Veterans Day Agency closed. 12 16 17 I8 I9 19 23 24 25 26 Thanksgiving Day Agency closed. 30 A hot air balloon ride may you feel like the only person	MON TUES WED THURS FRI 2 3 4 5 6 9 10 11 Diwali Vetrans Day Agency closed. 12 13 16 17 LGBT Mystic Tea at 4 FM 19 20 23 24 25 26 Thanksgiving Day Agency closed.

balloon. Independence and peace

of mind are group efforts.

December 2015

(1/8/6/3/5)	ANTERNA				11	
SUN	M M	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
7.5	4					
6	Pearl Harbor Day Chanukah begins	8	9	10	11	12
13	14 Chanukah ends	15 LGBT Mystic Tea at 4pm	16	17	18	19
20	21	22 Winter Solstice	23	24 Eid Milad ul-Nabi	25 Christmas Day Agency closed.	26 Kwanzaa begins
27	28	29	30	31 New Year's Eve	feet of air five stories one person	4,000 cub in a balloo high to car i. Elevating y requires
					lot of res	ources—tha support is

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To 2005, our board of directors issued a challenge to our community of supporters: create a \$1,000,000-endowment fund to support the needs of older adults who don't qualify for government programs but who nonetheless cannot access the help they need on their own. This fund, the Gap Endowment, would generate revenue that would help older adults purchase necessities such as sturdy shoes or adjustable beds; denture and hearing aid repairs; a few hours of home care or a new chemo wig.

Light years later, on April 27, 2013, our executive director took the stage at Stoneham Theatre to announce that, due to the financial contributions and advocacy of our supporters—of you!—we raised **\$1,439,592** for the Gap Endowment.

of our Gap Fund supporters, our board of directors, and the trust placed in us by the board of the former Elizabeth E. Boit Home of Wakefield, who donated the proceeds from the home's sale to push the endowment fund so far over our goal.

e aren't stopping there, of course. There's much to be done to ensure that all people, regardless of age or ability, can find what they need to live the way they want.

With your help, Mystic Valley will continue to rise!

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The earliest, unmanned hot air balloons were called Kongming lanterns, and they date back to the year 220 in China. They're generally constructed of oiled rice paper and bamboo, and are set on fire at lift-off, often in memory of someone who has passed.

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When allen said he just wanted to jeed people josever, he meant it.



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