



FOR IMMEDIATE RELEASE

June 8, 2020

Contact:

Shawn P. Middleton
Director of Communications
(781) 324-7705 ext. 320
CELL: (978) 337-7659
smiddleton@mves.org

Mystic Valley Elder Services Holds Virtual Caregiver Support Groups

(Malden, MA)— Due to COVID-19, Mystic Valley Elder Services caregiver support groups, where participants meet face to face with a caregiver coordinator are now being offered virtually to keep participants not only connected to their caregiver coordinator but to the other individuals in the group. Mystic Valley Elder Services now holds four family support groups either by WebEx or Zoom on a weekly basis. Call today at 781-324-7705 and ask to speak to a caregiver coordinator to learn more about the virtual support groups and discover other options available to you and your loved one!

-30-

About Mystic Valley Elder Services

Celebrating 45 Years of supporting older adults to live independently and with dignity, Mystic Valley Elder Services is a non-profit agency located in Malden, Mass., that provides essential home- and community-based care and resources to older adults, adults living with disabilities, and caregivers who reside in Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield and Winthrop, regardless of their income level. Agency services include but are not limited to: coordination of home care services, transportation, Meals on Wheels, and information and referrals. For more information, please call (781) 324-7705 or visit www.mves.org.