

*Mystic Valley Elder Services invites you to enjoy an Un-Eventful evening at home.  
Stay in, Relax, Don't go on Zoom, and feel good about NOT attending:*



# Bellyful OF LAUGHS

THE BEST UN-EVENT OF 2021

*While we will miss gathering together in Malden with 400 others this coming January to laugh for a good cause, there are still opportunities to help older adults and adults living with disabilities to stay independent!*

**You Can Make a Positive Difference!**

➡ (turn page over to learn more) ➡

**Tremendous Thanks to**

**ABC Home Healthcare Professionals for Presenting Sponsorship**



A family owned, full service home healthcare agency managed by a Nurse Practitioner and Certified Case Managers, offering personalized medical and non-medical home care services in the metro Boston, North Shore, Merrimack Valley and Cape Ann communities.

**Special Thanks to Supporting Sponsors**





**Mystic Valley**  
Elder Services

# Bellyful OF LAUGHS

THE BEST UN-EVENT OF 2021

*Thank You in advance for supporting the independence and dignity of older adults, adults living with disabilities and their caregivers!*

- **Your donation of any amount \$**  **will make a difference!** 100% of your support will go towards programs and services for very low income older adults and adults living with disabilities.
- Buy “non ticket(s)” anyway. **Your gift of \$100** will provide 25 emergency shelf-stable meals to older adults so they will be certain to have a food resource stored on hand even in the worst winter weather when regular home delivered meals can’t be delivered.
- Purchase a non-table. **Your gift of \$500** will provide 125 “Grab and Go” meals for food insecure older adults who are hungry and need access to a daily no-cost food resource.
- Support several older adults and adults living with disabilities who have nowhere else to turn. **Your gift of \$1,000** will provide heating oil assistance or assistance with purchasing small necessities such as hearing aids or dentures.
- Become a sponsor. **Your gift of \$2,500** will provide many hours of mental health counseling, money management support, or social engagement support to combat isolation and loneliness and much more.

Payment Options:  Check with up to date mailing address enclosed  Charge my Credit Card

My Address:

Telephone:

Email Address:

Credit Card #:

Expiration Date:

Signature:

Print Name:

Make your check payable to Mystic Valley Elder Services and send this form and your payment to  
**Mystic Valley Elder Services, 300 Commercial St., #19, Malden, MA 02148**

You can also visit [www.mves.org](http://www.mves.org) and click on **Donate Now** to make an online donation.

Contact our Development Office with any questions: [development@mves.org](mailto:development@mves.org) or **781-324-7705**.

Visit [www.mves.org](http://www.mves.org) to learn more about Mystic Valley Elder Services and our work with older adults, adults living with disabilities, and caregivers in Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield, and Winthrop.

Contributions are tax-deductible to the extent allowable under IRS Regulations.



**Mystic Valley**  
Elder Services