



FOR IMMEDIATE RELEASE

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Mystic Valley Elder Services' *Bellyful of Laughs* Returns Raising More Than \$42K

(Malden, MA)—Nearly 400 people came together on April 8 at Anthony's of Malden to laugh for the good cause of helping older adults and people with disabilities live safely and independently at home at Mystic Valley Elder Services' (MVES) 13th rendition of its comedy show *Bellyful of Laughs*. This year's sold out event helped MVES raise more than \$42,000.

Comedians Steve Sweeney, Will Noonan and Jim Ruberti made people laugh and attendees enjoyed games, laughter, prizes, good food, old friends and new friends. Malden Mayor Gary Christenson warmed up the crowd by welcoming them as he does every year.

Chief Executive Officer of MVES Lisa Gurgone thanked everyone for coming out and making it a great night. "It is wonderful to see our community come together to support the important resources Mystic Valley provides throughout our communities. Our dedicated staff, volunteers, and partners provided essential care and support to our consumers and their families throughout the COVID pandemic. Mystic Valley is lucky to have fantastic, supportive friends who participated in this great event in order to expand our reach and impact as an organization."

Special thanks to ABC Home Healthcare Professionals for their lead sponsorship of this event, as well as our supporting sponsors Brookline Bank, Melrose Cooperative Bank Charitable Foundation and Natale Company & SafetyCare. Thanks also to the ongoing partnership and support of the members of the Zonta Club of Malden in making this event a success every year.

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About Mystic Valley Elder Services

Celebrating 45 Years of giving older adults their independence, Mystic Valley Elder Services is a non-profit agency located in Malden, Mass., that provides essential home- and community-based care and resources to older adults, adults living with disabilities, and caregivers who reside in Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield and Winthrop, regardless of their income level. Agency services include coordination of home care, transportation, Meals on Wheels, and information and referrals. For more information, please call (781) 324-7705 or visit www.mves.org.



Mystic Valley Elder Services Chief Executive Officer Lisa Gurgone welcome guests to the 13th rendition of Bellyful of Laughs while comedian Jim Ruberti looks on.



Jeannette Sheehan, (Center) ABC Home Healthcare Professionals Founder and owner, the event's Presenting Sponsor, gets a good laugh from the comedians along with her friends.



Comedian Steve Sweeney entertained the crowd with his abundance of humor.



Maryann Smeglin and guests enjoy themselves at the Bellyful of Laughs event.



Comedian Will Noonan entertains the crowd at Bellyful of Laughs.



Mystic Valley Elder Services Chief Executive Officer Lisa Gurgone and Malden Mayor Gary Christenson at the 13th rendition of Bellyful of Laughs.