

FOR IMMEDIATE RELEASE

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Mystic Valley Elder Services Seeks Volunteers for Food Delivery

(Malden, MA)—Mystic Valley Elder Services (MVES) is seeking individuals who want to volunteer in the communities of Melrose and Malden as a Food Delivery Assistant. The Food Delivery Assistant will deliver boxes of food to older adults in senior housing sites in Melrose and Malden to increase their access to nutritious and balanced food. Volunteers are essential to the success of MVES, helping older adults and adults with disabilities live independently.

For more information on this volunteer opportunity, please call MVES Volunteer Programs at 781-388-2375 or email volunteerresponse@mves.org

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Located in Malden, Mass., Mystic Valley Elder Services is a non-profit agency that provides essential home- and community-based care and resources to elders, adults living with disabilities, and caregivers who reside in Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Stoneham, Wakefield and Winthrop. Agency services include coordination of home care, transportation, Meals on Wheels, and information and referrals. For more information, please call (781) 324-7705 or visit www.mves.org.